Appendix 2 Reflective diary template

Date and time of shift:

Type of ward:

Describe in as much detail as possible, what happened during the shift and how you felt about it.

What role did your mentor play in the shift?

What were the 3 best things about the shift?

What would have improved the shift for you?

What did you learn on this shift?
Is there any skill you feel you need to practice, or anything you need to find out about in more detail, following this shift?

Any other thoughts…
Appendix 3 Interview topic guide

- Welcome student and explain purpose of interview
- Tell me about your last placement
- How did you feel about going to that placement?
- Tell me about your mentor
- Tell me about the other staff and students on the ward
- How do you feel about that placement now?
- What were the best things about the placement?
- How did it compare to other placements?
- What would you say about the placement to other students going there?
- Is there anything else you want to tell me?
- Close interview by thanking student and explaining what will happen to the information they have given me

Prompts

- Can you explain that in more detail?
- Can you tell me more about that?
- How did you feel about that?
- Why do you think that was?
- Can you give me an example?
Appendix 4 Research volunteer information sheet

You are being invited to take part in a research study. Before you decide if you wish to, or not, it is important for you to understand why the research is being done and what it will involve. Please read the following information carefully, discuss it with others if you wish, and take time to decide whether, or not, you wish to take part.

Study title

Student nurses’ experiences of practice placement learning: A qualitative study

Why have I been chosen?

As I am interested in student nurses’ experiences of placement, you are ideally placed to provide me with this information. The findings from this project will inform the future direction and development of mentorship training within the School of health and Human Sciences at the University of Essex. It is an opportunity for you to express your views and thoughts on your placement experiences.

Do I have to take part?

It is up to you whether you take part or not. If you decide to take part, you will be given this Information Sheet to keep and be asked to sign a consent form. If not, that is fine. If you sign the consent form you are, however, still free to withdraw at any time from the study without giving a reason.

What will happen to me if I take part?

If you agree to take part, you will be required to complete a reflective diary during your next placement, which I will collect weekly. You will also be required to be interviewed individually at the end of your placement. The interview will be carried out by myself, it will be taped, and will not last longer than one hour.
Will my taking part in this study be kept confidential and anonymity maintained?

The information collected during this study will be kept strictly confidential. My supervisor and myself will only see the reflective diaries. The interviews will be recorded and then transcribed by myself. Only my supervisor and myself will have access to the tapes and the transcribed interviews. The tapes will be stored in a locked filing cabinet. All electronic data will be password protected. Anonymity will be ensured, as far as possible, by using pseudonyms in the study.

What will happen to the results of the research study?

The findings of the research study will be disseminated in a number of ways: through conference presentations; through journal articles; and in my doctoral dissertation. Anonymity of individual participants will be maintained throughout, whenever possible.

Who is organising the research?

The research is being undertaken as part of my Doctorate in Health and Social Care Education. This means that I will be supervised throughout my research project by an experienced supervisor.

University of Essex Ethics Committee

This study has been approved by the University of Essex Ethics Committee. The role of the Ethics Committee is to ensure that research projects such as this, do not cause harm. This applies to physical, social, psychological, legal, economic harm; and to confidentiality and privacy issues.

If you would like more information, or have any questions, please contact:
Anne Corrin (Primary Investigator) acorrin@essex.ac.uk Tel 01206 873139
Dr. xxx (Research Supervisor) xxx@essex.ac.uk Tel 01206
Thank you for taking the time to read this information and for considering taking part in the study.

Anne Corrin
March 2012
Appendix 5 Research Volunteer Consent Form

Name of Principal Investigator: Anne Corrin

Contact number: 01206 874139

Email address: acorrin@essex.ac.uk

Title of study:
Student nurses’ experiences of practice placement learning

I confirm that I have read and understood the Information Sheet for the above study.

I have had opportunities to ask questions about the study and they have all been answered to my satisfaction.

I understand what I am expected to do as a volunteer.

I agree to complete a reflective diary for the duration of my next placement and to be interviewed at the end of the placement.

I understand that my participation is voluntary and that I am free to withdraw at any time.

I agree that any material obtained during the study may be used in the final thesis, conference presentations, and journal articles and for purposes of curriculum development on the mentorship programme. The material will be anonymised and every effort will be made to preserve anonymity. Confidentiality of material collected will be maintained throughout the study.

The University of Essex Ethics Committee has approved this study.

If you have any concerns over the conduct of the study, you may contact Dr.XXX email address, telephone number, in the School of Health and Human Sciences, University of Essex.

Name of Volunteer                     Date                      Signature

Name of Researcher                 Date                       Signature