

Costantini et al.

Temporal limits on rubber hand illusion reflect individuals' temporal resolution in multisensory perception.

Marcello Costantini^{1,2}, Jeffrey Robinson³, Daniele Migliorati², Brunella Donno²,
Francesca Ferri¹ & Georg Northoff³

¹ Centre for Brain Science, Department of Psychology, University of Essex,
Colchester, UK

² Department of Neuroscience and Clinical Sciences, University "G. d'Annunzio",
Chieti, Italy

³ Mind, Brain Imaging and Neuroethics, University of Ottawa Institute of Mental
Health Research, Ottawa, ON, Canada

Running title: The Temporal Binding Window and the Rubber Hand Illusion

1 **1. Abstract**

2 Synchronous, but not asynchronous, multisensory stimulation has been
3 successfully employed to manipulate the experience of body ownership, as in the
4 case of the rubber hand illusion. Hence, it has been assumed that the rubber
5 hand illusion is bound by the same temporal rules as in multisensory integration.
6 However, empirical evidence of a direct link between the temporal limits on the
7 rubber hand illusion and those on multisensory integration is still lacking. Here
8 we provide the first comprehensive evidence that individual susceptibility to the
9 rubber hand illusion depends upon the individual temporal resolution in
10 multisensory perception, as indexed by the temporal binding window. In
11 particular, in two studies we showed that the degree of temporal asynchrony
12 necessary to prevent the induction of the rubber hand illusion depends upon the
13 individuals' sensitivity to perceiving asynchrony during visuo-tactile stimulation.
14 That is, the larger the temporal binding window, as inferred from a simultaneity
15 judgment task, the higher the level of asynchrony tolerated in the rubber hand
16 illusion. Our results suggest that current neurocognitive models of body
17 ownership can be enriched with a temporal dimension. Moreover, our results
18 open the doors to investigations of body ownership, which take into account
19 recent models of brain functioning suggesting that the brain operates over
20 multiple time scales.

21 **Keywords:** Rubber Hand Illusion; Multisensory Integration; Temporal Binding
22 Window; Body Ownership; Simultaneity Judgment Task

23 **2. Introduction**

24 Body representation has been linked to the processing and integration of
25 multisensory signals (for reviews: (Blanke, 2012; Ehrsson, 2012). An
26 outstanding example of the pivotal role played by multisensory mechanisms in
27 body representation is the Rubber Hand Illusion (RHI; (Blanke, 2012; Botvinick
28 & Cohen, 1998; Ehrsson, 2012). This illusion is generated when temporally close
29 visual and tactile events occur on a visible rubber hand and the hidden
30 participant's hand. The typical procedure has a participant sit with a visible fake
31 (rubber) in front of them with their real hand under a curtain (not visible) while
32 an experimenter uses a pair of paintbrushes to simultaneously stroke the rubber
33 hand and the hidden-real hand. The illusion typically elicits a feeling of
34 "ownership" of the rubber hand. However, the RHI does not arise when visual
35 and tactile stimuli are out of synchrony, with a stimulus offset larger than 300 ms
36 (Bekrater-Bodmann et al., 2014; Shimada, Suzuki, Yoda, & Hayashi, 2014).

37 Based on this temporal constraint and evidence showing that RHI is associated
38 with neural activity in multisensory brain areas (Blanke, 2012; Ehrsson, Holmes,
39 & Passingham, 2005; Ehrsson, Spence, & Passingham, 2004; Ionta, Martuzzi,
40 Salomon, & Blanke, 2014; Makin, Holmes, & Ehrsson, 2008; Tsakiris, Hesse, Boy,
41 Haggard, & Fink, 2007), it has been assumed that RHI depends upon
42 multisensory integration processes (Blanke, 2012; Ehrsson, 2012). Hence,
43 temporal constraints of RHI would reflect those characterizing multisensory
44 processing. Indeed, seminal studies in animals showed that multisensory
45 integration is more likely to occur when the constituent unisensory stimuli arise
46 synchronously or over a short temporal interval called temporal window of

47 integration (or Temporal Binding Window, TBW; (Colonius & Diederich, 2004;
48 Vroomen & Keetels, 2010; Wallace & Stevenson, 2014). The most established
49 paradigm used to study the multisensory temporal binding window is the
50 simultaneity judgment task (Vatakis & Spence, 2006), in which participants
51 judge the perceived simultaneity (i.e., the synchrony) of paired stimuli.

52 Despite the common temporal features between multisensory integration and
53 the RHI, there is no empirical data supporting the dependency of the
54 susceptibility to RHI upon the temporal resolution of multisensory integration
55 mechanisms.

56 Starting from this gap in the literature, we seek to provide the first
57 comprehensive evidence linking individual susceptibility to the RHI to individual
58 temporal resolution in multisensory perception (i.e., the Temporal Binding
59 Window, TBW). Indeed, they are both characterized by marked interindividual
60 differences (Asai, Mao, Sugimori, & Tanno, 2011; Stevenson, Zemtsov, & Wallace,
61 2012).

62 Previous researches have already shown that varying the Stimulus Onset
63 Asynchrony (SOA) between the visual stimulus delivered on the rubber hand and
64 the tactile stimulus delivered on the real hand has consequences on the strength
65 of the RHI. For instance Shimada and colleagues (Shimada, Fukuda, & Hiraki,
66 2009) investigated delays up to 600 ms in steps of 100 ms. The authors found
67 that the subjective ratings of the illusion and the proprioceptive drift were
68 significantly higher for short delays, up to 300 msec. In the present study we do a
69 step forward by formally associating sensitivity to the rubber hand illusion to
70 temporal sensitivity in multisensory integration. Such a finding would foster new

71 investigations into the temporal unfolding of body ownership, an issue largely
72 neglected so far.

73 In order to achieve this, we measured participants' TBWs through the use of a
74 simultaneity judgment task, employing visual and tactile stimuli. Next, in the
75 same participants, and employing the same stimuli, we measured susceptibility
76 to the RHI in the synchronous and asynchronous conditions. Importantly, in the
77 asynchronous condition we individualized the amount of asynchrony (i.e.
78 Stimulus Onset Asynchrony, SOA) between the visual and the tactile stimuli,
79 based on the individuals' TBW. This means that the individuals' own TBW was
80 used to establish the asynchrony between the visual stimulus delivered on the
81 rubber hand and the tactile stimulus delivered on the participants' real hand. In
82 more detail, rather than using standard large asynchronies, as used in previous
83 research (Tsakiris & Haggard, 2005) (usually up to 1000 ms), we selected, at the
84 individual level, the SOA where the stimuli had 25% probability of being
85 integrated during the simultaneity judgment task. This allowed for direct
86 coupling between the individual's temporal precision in visuo-tactile
87 multisensory integration and the temporal determinants by which touch can be
88 attributed to a rubber hand. To this end, we used a new computer-controlled
89 visuo-tactile stimulation for RHI. This is a methodological aspect that deserves
90 mention. Previous studies on the rubber hand illusion have either used manual
91 stroking of the real and the rubber hands (for a review see: (Costantini, 2014))
92 or have used virtual reality. Here, instead, visual stimuli consisted on a LED
93 attached on dorsal surface of the index finger of a realistic prosthetic hand, while
94 the tactile stimulus consisted on a mechanical tapper attached on the dorsal
95 surface of the participants' index finger. This experimental setup allows accurate

96 timing in the stimulation while keeping the environment more ecological than the
97 one that could be achieved in virtual reality.

98 Based on the theoretical assumption of a dependency of the individual
99 susceptibility to RHI upon the individual multisensory temporal binding
100 window, our prediction was that even a small amount of asynchrony, but outside
101 the individuals' TBW, is enough to prevent the experience of the RHI.

102 However, since we are using the individuals' TBW to define the level of
103 asynchrony to be used in the RHI, we cannot rule out a systematic bias that is
104 inherent to this design. That is, it could be argued that individuals with a wide
105 TBW are also more susceptible to the RHI based on a third, unaccounted for
106 variable. In a second study we hope to buttress this by using a median split
107 method. That is, we recruited a new group of participants, and measured their
108 TBW. Subsequently, we asked them to perform the RHI in the synchronous and
109 asynchronous conditions. In this new study the level of asynchrony between the
110 visual stimulus delivered on the rubber hand and the tactile stimulus delivered
111 on the participants' hand corresponded to the median value of the TBWs in the
112 new sample. This procedure allowed us to use the same level of asynchrony that
113 was within the TBW of half the participants (wide TBW group, wTBW) but
114 outside the TBW of the others (narrow TBW group, nTBW).

115 Again, based on the assumption of a dependency of the individual susceptibility
116 to RHI upon the individual multisensory temporal binding window, we expect a
117 difference between the synchronous and the asynchronous condition only in the
118 nTBW group (where RHI was induced with a stimulus onset asynchrony greater
119 than the individual temporal binding window).

120 **3. Experiment 1**

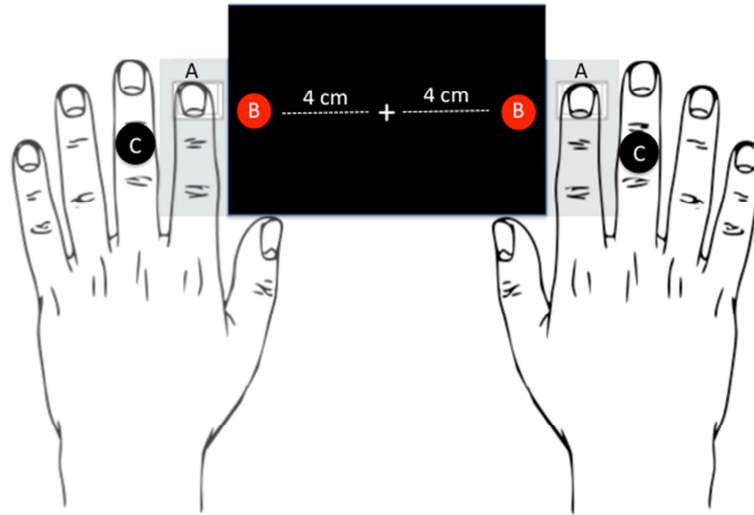
121 ***3.1. Participants***

122 Thirty-seven participants (14 male, mean age = 21.2 years, SD = 6.2 years, range
123 = 18–32 years) were included in the study. All procedures were approved by the
124 Institute of Mental Health Research, University of Ottawa Review Board (REB N°
125 2014008). On the same day participants took part, in two separate sessions. In
126 the first session we measured the individuals' temporal binding window (via the
127 simultaneity judgment task); in the second session we induced the RHI in
128 synchronous and asynchronous conditions.

129 ***3.2. Simultaneity judgment task - Stimuli and Procedure***

130 The experimental stimuli consisted of series of cross modal stimuli (1 visual and
131 1 tactile). Stimuli were delivered across hemispaces (1 tactile Left/1 visual Right
132 or 1 visual Left/1 tactile Right). This was done to ensure that the spatial
133 distribution of the stimuli in the SJ task resembled, as much as possible, the
134 spatial distribution of visuo-tactile stimuli during the RHI. Stimuli were delivered
135 sequentially with one of the following Stimulus Onset Asynchronies (SOA): ± 350 ,
136 ± 200 , ± 120 , ± 70 , ± 40 , ± 25 ms. By convention, throughout the current article
137 negative SOAs indicate a trial in which the visual stimulus was presented first,
138 whereas a positive SOA indicates a trial in which the tactile stimulus was
139 presented first. A total of 12 intervals were used, with 32 trials per SOA. For
140 balance, in half of the trials, left-sided stimuli preceded right-sided stimuli and
141 vice versa for the other half. The intertrial interval (ITI) ranged between 2000
142 and 3000 ms. The presentation of the stimuli was pseudo-randomized. Visual
143 stimuli consisted of two red light-emitting diodes (LEDs; with a 0.5 cm diameter)

144 fixed on a table and positioned at 4 cm Left and Right of a central fixation point
145 (thus subtending 4° of visual angle, see figure 1) with a luminance of 0.48 lm.
146 Visual stimuli lasted 30 ms.



147 **Figure 1:** Experimental setup in the SJ task. A) Response buttons; B) Light Emitting Diodes; C)
148 Tappers

149 Tactile stimuli were delivered by means of two miniature solenoid tappers
150 (MSTC3; M & E Solve, www.me-solve.co.uk) attached to the dorsal surface of the
151 middle fingers. The solenoids produced a supra-threshold vibrotactile stimulus
152 oscillating at 100 Hz for a total duration of 30 ms.

153 Participants were seated in a dimly lit room with their corporeal midline aligned
154 with a fixation point located 57 cm from the plane of their eyes, with their right
155 and left index fingers resting on two response buttons located on a table. Each
156 hand was in its homonymous hemispace, close to each LED (see figure 1).
157 Participants were asked to focus on a fixation cross that was placed half way
158 between the response buttons at all times.

159 The task was a simultaneity judgment, used to derive the TBW. In this task,
160 participants were presented with a series of visuo-tactile stimuli at the above-

161 defined SOAs. The participants were asked to report whether each presentation
162 occurred at the same time (temporally synchronous) or not (asynchronous) by
163 pressing a response button with the right or the left index finger, with the button
164 representation (synchronous or asynchronous) being balanced across
165 participants. The timing of the stimulation and participants' responses were
166 controlled by a PC running psychtoolbox (Brainard, 1997; Pelli, 1997; Kleiner et
167 al, 2007).

168 **3.3. Data Analysis**

169 Responses from the simultaneity judgment task were used to calculate a TBW for
170 each subject. First we calculated a rate of perceived synchrony with each SOA as
171 the percentage of trials in a given condition in which the individual reported that
172 the presentation was synchronous. According to previous studies (Stevenson &
173 Wallace, 2010; Stevenson et al., 2012; Stevenson, Zemtsov, & Wallace, 2013), two
174 psychometric best-fit sigmoid functions were then fit to the rates of perceived
175 synchrony across SOAs one to the visual-first presentations and a second to the
176 tactile first presentations. These best-fit sigmoid functions were calculated using
177 the *glmfit* function in MATLAB. Following this first fit, the intersection of the left
178 and right best-fit curve was used to estimate the point of subjective simultaneity
179 (PSS) defined as the SOA at which the participant maximally responded
180 "synchronous". Then in each participant we defined a temporal interval outside
181 their TBW. This interval was defined as the SOA at which the left best-fit sigmoid
182 y-value equaled a 25% rate of perceived synchrony. This latter interval was
183 subsequently used during the induction procedure of the rubber hand illusion in
184 the asynchronous condition.

185 **3.4. Rubber Hand Illusion - Stimuli and Procedure**

186 For the rubber hand manipulation we used a specially constructed multi-
187 chambered wooden box. The box measured 100 cm in width, 20 cm in height and
188 40 cm in depth and was placed in a darkened room. The walls of the room were
189 covered with a light absorbing textile so to prevent any reflection on the top of
190 the box that could serve as a landmark. On the top of the box was placed a two-
191 way mirror, which prevented the subjects from seeing their hands during the
192 experiment. A series of lights in the rubber hand chamber and the measuring
193 chamber were used in combination with this two-way mirror in order to
194 illuminate/de-illuminate the chambers when required, effectively concealing the
195 contents of each chamber (see below).

196 Participants sat in front of a table with the right hand placed at a fixed point
197 inside the box, while the left hand was left in their lap. A right rubber hand was
198 placed in front of the subject's body midline. The participant's right hand and the
199 rubber hand were aligned on the vertical axis and were positioned 20 cm from
200 each other, with a wall between them to avoid any light over spilling into the
201 actual hand chamber. Two lights were installed in the apparatus, one light was
202 used to illuminate the rubber hand during the stimulation phase of each trial,
203 and the other was used to illuminate a sliding ruler used to measure the
204 proprioceptive drift, further described below. The experimenter turned on the
205 light in the rubber hand chamber during the 2 minutes stimulation phase so that
206 the participant could see the rubber hand.

207 Stimuli used to induce the rubber hand illusion were a white LED and one
208 miniature solenoid tapper (MSTC3; M & E Solve, www.me-solve.co.uk). The LED

209 was positioned on the right index finger of the rubber hand. The light lasted 30
210 ms. The solenoid was attached to the dorsal surface of the right index finger of
211 the participant's hand. The solenoids produced a supra-threshold vibrotactile
212 stimulus oscillating at 100 Hz for a total duration of 30 ms. To increase the
213 congruence between the felt and seen stimuli (Ward, Mensah, & Junemann,
214 2015), a dummy solenoid was attached to the dorsal surface of the right index
215 finger of the rubber hand. Participants wore headphones to muffle the noise of
216 the tapper. Each participant completed 2 RHI blocks, one in the synchronous
217 condition and one in the asynchronous condition, each lasting 2 minutes. Block
218 order was counterbalanced across participants.

219 The illusion was measured using a standard questionnaire (Botvinick & Cohen,
220 1998) and the proprioceptive drift (Costantini & Haggard, 2007; Tsakiris &
221 Haggard, 2005). The questionnaire consisted of 9 statements regarding the
222 participant's experience on a 7-point Likert scale ranging from 1 to 7, with 1
223 corresponding to 'fully disagree' and 7 corresponding to 'fully agree'. The
224 original statements were modified to fit the purposes of this study (table 1).
225 Items 1–3 captured the proper RHI experience, while items 4–9 served as
226 controls for task compliance and suggestibility. In agreement with previous
227 studies (e.g. (Abdulkarim & Ehrsson, 2016), for the data analysis we computed a
228 RHI index, defined as the difference between the mean score of the three illusion
229 statements (Items 1–3) and the mean score of the six control statements (Items
230 4–9).

During the experiment there were times when:

- 1. it seemed like I was feeling the touch in the location where I saw the rubber hand being lit.**
- 2. it seemed like the touch I felt was caused by the light on the Rubber**

Hand.

- 3. it seemed like the rubber hand was my hand.**
 4. it seemed like my hand was moving towards the rubber hand.
 5. it seemed like I had three hands.
 6. it seemed as if the touch I was feeling came from somewhere between my own hand and the rubber hand.
 7. it seemed like my own hand became rubbery.
 8. it seemed like the rubber hand was moving towards my hand.
 9. it seemed like the rubber hand began to resemble my real hand.
-

231 **Table 1:** Questionnaire Statements used in the RHI Experiment. The original statements were
232 modified to fit the purposes of this study.

233 The proprioceptive drift was used as an implicit measure of the illusion as
234 previous studies have shown a shift in the perceived position of the subject's
235 hand toward the rubber hand during the RHI (Botvinick & Cohen, 1998;
236 Costantini & Haggard, 2007; Tsakiris & Haggard, 2005).

237 A ruler with the numbers printed in reverse was supported between two poles
238 20 cm above the box. When illuminated from above, the mirrored surface of the
239 box allowed for the numbers to be reflected in their proper orientation and they
240 appeared at the same gaze depth as the chopstick rubber hand.

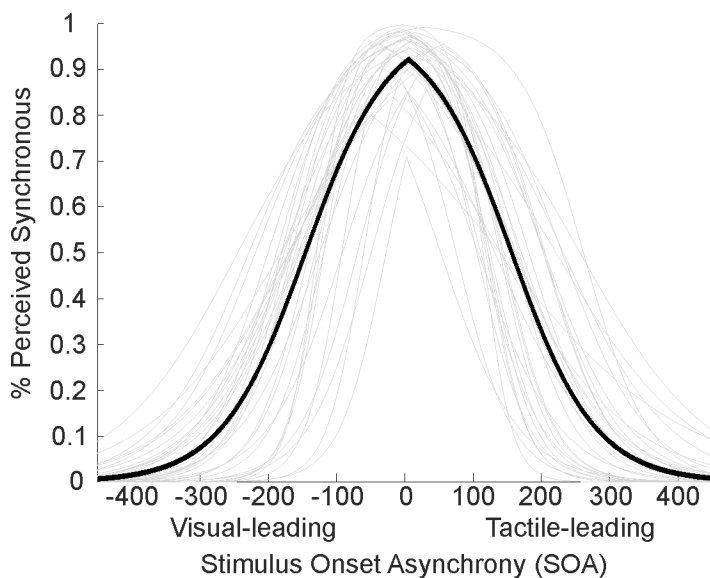
241 Participants were asked: "Using this ruler, where is your index finger"? They
242 responded by verbally reporting a number on the ruler. They were instructed to
243 judge the position of their finger by projecting a parasagittal line from the center
244 of their index finger to the ruler. During the judgments, there was no tactile
245 stimulation, and participants were prevented from seeing the rubber and the
246 real hands or any other landmarks on the work surface, by switching off the
247 lights under the two-way mirror. The participants were also cautioned not to
248 move their hand during the stimulation phase, not during the judgment phase.
249 The experimenter monitored this closely. The ruler was always placed with a
250 different random offset for each judgment to prevent participants from

251 memorizing and repeating responses given on previous conditions. The
252 experimenter would record the offset position and deduct that from the reported
253 position, yielding the perceived finger position both before (baseline) and after
254 (drift) the induction period of each experimental condition. The difference
255 between the baseline and drift estimations represents the change in perceived
256 hand position due to the stimulation, and was taken as a quantitative measure of
257 RHI. A brief rest period followed each condition, during which participants filled
258 in the 9-statements questionnaire (Botvinick & Cohen, 1998). To prevent
259 transfer of the illusion across conditions, the participants were encouraged to
260 move their hand and body between conditions.

261 **4. Results**

262 *4.1. Determining the temporal binding window (Simultaneity judgment task)*

263 The temporal binding window (TBW) was calculated for each participant on the
264 basis of their simultaneity judgment responses. Data were normally distributed
265 (Shapiro-Wilks, $p > 0.05$). Table 2 shows the parameters of the individuals' TBW
266 and the relative measures of goodness of fit. Two participants were discarded, as
267 their response distribution did not fit to the sigmoid function ($R^2 < 0.6$). The
268 delays equating a 25% rate of perceived synchrony (outside the TBW: the OUT
269 condition) ranged from 103 ms to 311 ms. On average it was 211 ms (SD 59.9
270 ms, See Figure 2).



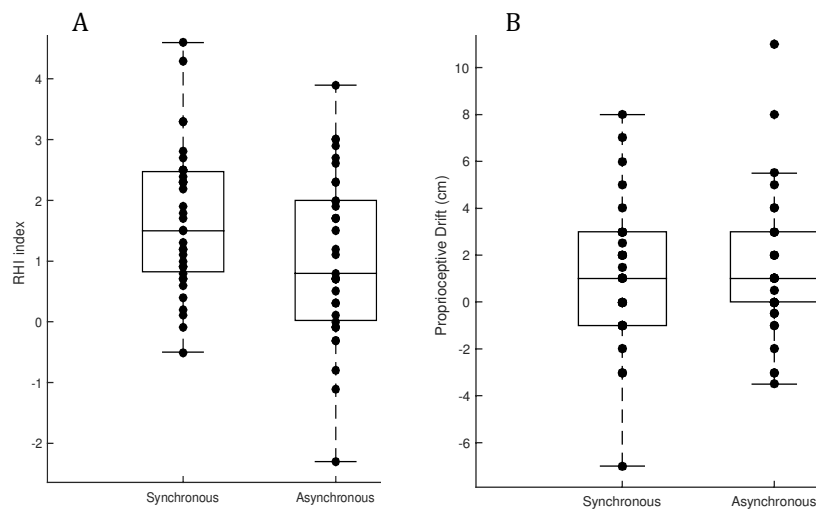
271

272 **Figure 2:** Individuals' TBWs (grey lines) and group averaged TBW (Black line)

273 *4.2. Rubber Hand Illusion - questionnaire*

274 Data violated the assumptions for normality (Shapiro-Wilks, $p < 0.05$). Wilcoxon
 275 rank tests are reported. As we implemented a new procedure to induce the
 276 rubber hand illusion, using LEDs on the rubber hand and a mechanical tapper on
 277 the participants' hand, we firstly tested whether such induction procedure was
 278 effective in producing a rubber hand illusion. To this aim we tested whether
 279 mean rating to illusion statements were significantly different from the "neither
 280 agree/disagree" response (i.e. central point in the Likert scale). Illusion rating
 281 after synchronous stimulation (Median(SD): 1.5(1.18)) was significantly higher
 282 than the central point Wilcoxon test: $p < 0.001$). Hence, we can say successfully
 283 that we induced the rubber hand illusion. Importantly, when comparing the
 284 synchronous and the asynchronous stimulation conditions (i.e. 25% rate of
 285 perceive synchrony) we found that participants experienced a significantly
 286 stronger RHI following the synchronous (median(SD) = 1.5(1.18)) compared to

287 the asynchronous condition (median(SD) = 0.8(1.35); $z_{(35)} = 2.38$; $p = 0.017$;
 288 Monte Carlo simulation as implemented in SPSS v.20 [0.013 0.018], Figure 3).



289

290 **Figure 3:** Box-plot representing the median RHI index (Panel A) and the proprioceptive drift
 291 (Panel B) in the synchronous and asynchronous conditions (Study 1). Circles represent the
 292 individual subjects. Vertical bars represent standard deviations.

293 *4.3. Rubber Hand Illusion – Proprioceptive Drift*

294 Data violated the assumptions for normality (Shapiro-Wilks, $p < 0.05$). Wilcoxon
 295 rank tests are reported. Participants showed a similar proprioceptive drift in the
 296 synchronous and the asynchronous condition ($z_{(35)} = 2.5$; $p = 0.7$). Importantly,
 297 both values were statistically higher than zero (Synchronous: median(SD) =
 298 1(3.0); Asynchronous: median(SD) = 1(3.0); $p_s < 0.05$), meaning that, as for
 299 subjective reports, the new procedure was effective in inducing the RHI.

300 **5. Experiment 2**

301 *5.1. Participants*

302 Forty naïve participants (14 male, mean age = 21.2 years, SD = 6.2 years, range =
 303 18–32 years) were included in the study. All procedures were approved by the
 304 Institute of Mental Health Research, University of Ottawa Review Board (REB N°
 305 2014008). Participants took part in two separate sessions on different days. In

306 the first session we measured the individuals' temporal binding window (via the
307 simultaneity judgment task); in the second session we induced the RHI in
308 synchronous and asynchronous conditions.

309 **5.2. Stimuli and Procedure**

310 For both the SJ task and the RHI illusion the stimuli were the same as those used
311 in the first experiment. The only difference between the two studies was the way
312 we established the level of asynchrony to be used during the rubber hand
313 illusion. In this study the level of asynchrony was established as follows: we first
314 measured and computed the individuals' TBW in the entire sample; then, using a
315 median split method, the group of 40 participants was split into two groups:
316 wide TBW (wTBW) and narrow TBW (nTBW).

317 The median value used to split our sample in two subgroups, namely wide and
318 narrow TBW, was subsequently used as Stimulus Onset Asynchrony, during the
319 asynchronous condition of the RHI.

320 **6. Results**

321 *6.1. Determining the temporal binding window (Simultaneity judgment task)*

322 The procedure used to calculate the TBW was the same used in the previous
323 study. One participant was discarded, as their response distribution did not fit to
324 the sigmoid function ($R^2 < 0.6$). Data were normally distributed (Shapiro-Wilks, p
325 > 0.05). Table 2 shows the parameters of the individuals' TBW and the relative
326 measures of goodness of fit. On average the width of the TBW was 196 ms (SD =
327 47 ms), See Figure 3). The median value of the TBW was 176 ms.

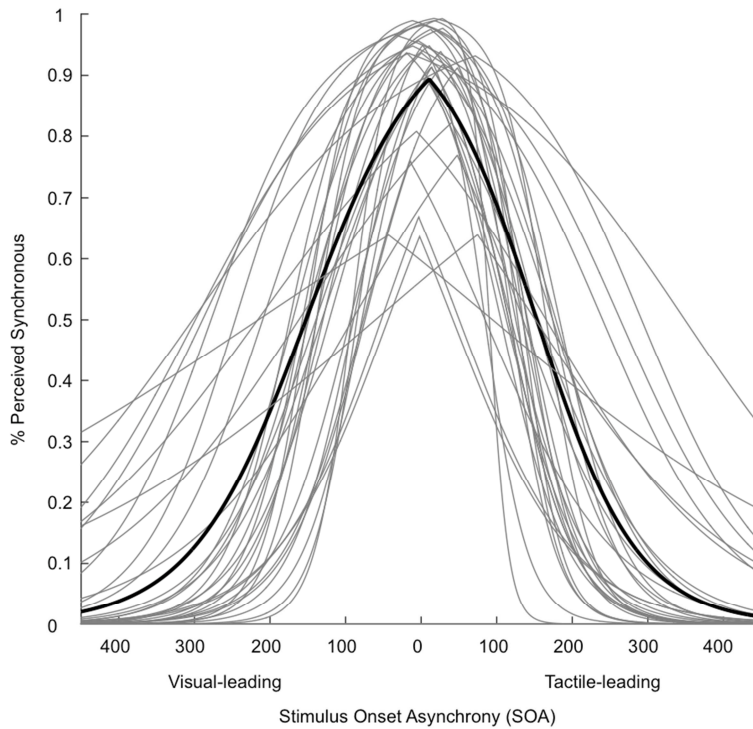
328

Experiment 1	Experiment 2
---------------------	---------------------

Participant	TBW	R ²	TBW	R ²
1	65	0.6	76	0.58
2	80	0.7	153	0.7
3	105	0.7	150	0.8
4	96	0.7	163	0.8
5	191	0.7	174	0.8
6	61	0.8	336	0.9
7	124	0.8	360	0.9
8	120	0.8	100	0.9
9	129	0.8	136	0.9
10	163	0.8	249	0.9
11	162	0.8	58	0.9
12	207	0.8	337	0.9
13	200	0.9	121	0.9
14	146	0.9	194	0.9
15	172	0.9	120	0.9
16	128	0.9	252	0.9
17	127	0.9	365	0.9
18	181	0.9	128	1.0
19	56	0.9	259	1.0
20	123	0.9	266	1.0
21	174	0.9	112	1.0
22	141	0.9	133	1.0
23	161	0.9	200	1.0
24	228	0.9	141	1.0
25	223	0.9	142	1.0
26	150	0.9	153	1.0
27	188	0.9	182	1.0
28	184	0.9	313	1.0
29	119	0.9	130	1.0
30	171	1.0	161	1.0
31	187	1.0	170	1.0
32	177	1.0	172	1.0
33	168	1.0	184	1.0
34	245	1.0	206	1.0
35	186	1.0	214	1.0
36	200	0.4	261	1.0
37	184	0.5	304	1.0
38			234	1.0
39			234	1.0

329

330 **Table 2:** Temporal Binding Window of the individual subjects and goodness-of-fit (R²) of the
 331 sigmoid distribution of responses.

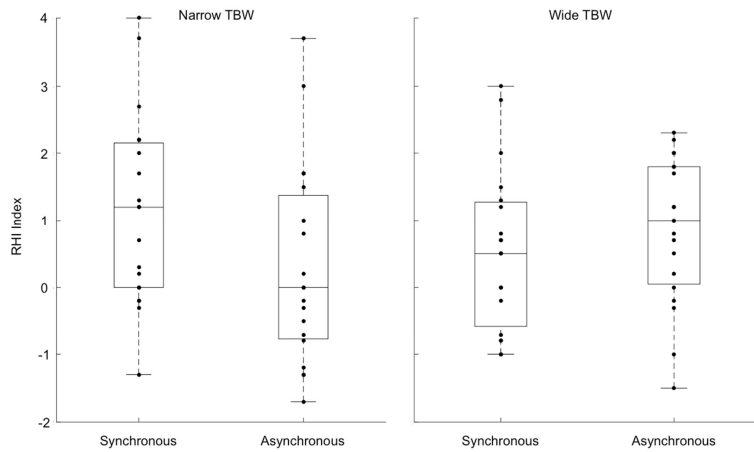


332

333 **Figure 4:** Individuals' TBWs (grey lines) and group averaged TBW (Black line) in study 2.

334 *6.2. Rubber Hand Illusion – questionnaire*

335 Data on the proprioceptive drift are not reported in this study, as they did not
 336 produce significant results in study 1. Data violated the assumptions for
 337 normality (Shapiro-Wilks, $p < 0.05$). Wilcoxon rank tests are reported.
 338 Participants assigned to the narrow TBW group experienced a more pronounced
 339 RHI following synchronous stimulation (median = 1.2(1.45)) compared to
 340 asynchronous stimulation (median = 0(1.49); $z_{(19)} = 2.53$; $p = 0.01$; Monte Carlo
 341 simulation as implemented in SPSS v.20 [0.006 0.011]). Conversely (and as
 342 predicted), participants assigned to the wide TBW group experienced a similar
 343 illusion in the synchronous (median = 0.5(1.20)) and asynchronous condition
 344 (median = 1(1.11); $z_{(19)} = 0.88$; $p = 0.38$) conditions. The illusion did not differ
 345 between the two groups (U mann-whitney: 152; $p = 0.40$).



346

347 **Figure 5:** Box-plot representing the median RHI index in the synchronous and asynchronous
 348 conditions for the narrow and the wide TBW groups (Experiment 2). Circles represent the
 349 individual subjects. Vertical bars represent standard deviations.

350 7. Discussion

351 We tested the hypothesis that temporal limits of the rubber hand illusion reflect
 352 individuals' temporal resolution in multisensory perception. Our main finding
 353 pertains to the fact that very short delays, yet outside the individuals' temporal
 354 binding window, were enough to significantly reduce the rubber hand illusion, as
 355 reported by the participants, but had no impact on proprioceptive drift. Indeed,
 356 the proprioceptive drift was significantly different from zero in both the
 357 synchronous and the asynchronous condition.

358 The rubber hand illusion depends upon the temporal structure of visual
 359 information arising from the observed touch and the temporal structure of the
 360 felt touch (e.g. (Tsakiris & Haggard, 2005)). When the two sources of information
 361 are congruent, that is simultaneous, the rubber hand illusion is experienced.
 362 Conversely, when the two sources of information are incongruent, usually in the
 363 range of 500-1000 ms, the RHI is dramatically reduced if not entirely abolished.
 364 Here we show that even very short delays (on average: 211 ms in the first study)
 365 are enough to prevent the subjective illusion provided that the amount of

366 asynchrony is defined at the subject level according to their temporal sensitivity.
367 This finding was supported by the second study where the level of asynchrony
368 was the same, but fell outside the TBW in half of the participants and inside the
369 TBW of the other half (on average 176 ms).

370 The only systematic attempt to manipulate the amount of asynchrony between
371 the visual and the tactile stimuli during the rubber hand illusion was done by
372 Shimada and colleagues (Shimada et al., 2009). In this study, they investigated
373 delays up to 600 ms in steps of 100 ms. The authors found that the subjective
374 ratings of the illusion and the proprioceptive drift were significantly higher for
375 short delays, up to 300 msec. Despite the fact that Shimada and colleagues
376 (Shimada et al., 2009) used fixed, rather than individualized levels of
377 asynchrony, their results are well in accordance with the ones obtained here in
378 our two studies. This claim is supported by the observation that, in Shimada's
379 results, the longer delays were characterized by higher variability in RHI effects
380 (See (Shimada et al., 2009), figure 3). This suggests that although on average
381 participants did not experience the illusion with longer delays, some still did.
382 Based on our results, especially the second study, we postulate that the high
383 variability at longer delays in Shimada's results may be related to the
384 interindividual differences in width of the TBW. In other words, the participants
385 who still reported the illusion with longer delays may have had a wider TBW
386 than those who did not report the RHI.

387 In general, the multisensory processing of stimuli forms the building blocks upon
388 which perceptual and cognitive representations are created (Stevenson et al.,
389 2012). Such a framework predicts that interindividual differences in

390 multisensory processes have a profound effect on many aspects of our mental
391 life (Stevenson et al., 2012). Our data enrich this theoretical framework by
392 showing that susceptibility to the RHI, and ultimately body representation is
393 explained, at least in part, by the individuals' sensitivity to the temporal offset of
394 multisensory stimuli.

395 How can we account for the lack of sensitivity of the proprioceptive drift to small
396 temporal asynchronies in both experiments? The rubber hand illusion is thought
397 to be the product of the three-way interaction between vision, touch and
398 proprioception. However, these systems are markedly different in terms of
399 temporal resolution. For instance, visual, auditory and tactile stimuli are usually
400 processed in less than 100 ms (Bacon-Mace, Mace, Fabre-Thorpe, & Thorpe,
401 2005; Hari & Forss, 1999; Vroomen & Keetels, 2010). A different, much slower
402 time scale should be used, however, when investigating the temporal resolution
403 of the proprioceptive system. Although investigations on the temporal resolution
404 of the proprioceptive system are sparse (Fuentes, Gomi, & Haggard, 2012;
405 Shimada, Hiraki, & Oda, 2005; Shimada, Qi, & Hiraki, 2010), it seems that its
406 temporal acuity is longer than those of the other sensory modalities. Fuentes and
407 colleagues (Fuentes et al., 2012) used tendon vibration illusions to study the
408 temporal properties of signals contributing to position sense. They found that, in
409 the case of illusory movements produced by tendon vibration, delays below 300
410 ms are unlikely to be detected by muscle spindles. In another study Shimada and
411 colleagues (Shimada et al., 2010) asked participants to judge whether observed
412 hand movements were delayed with respect to the felt movement. The results
413 showed that the discrimination threshold of visual feedback delay was, on
414 average, 230 ms. These results suggest that the delays we used were outside the

415 visuo-tactile temporal window of integration, but yet within the visuo-
416 proprioceptive (Balslev, Nielsen, Lund, Law, & Paulson, 2006; Balslev, Nielsen,
417 Paulson, & Law, 2005) temporal window of integration.

418 Possibly one may argue that the above-described papers are all related to
419 movement or direct stimulation of the muscles. Hence, they cannot apply to our
420 study as no movement was allowed. However, the sense of position is
421 contributed also by other information, including vision. For instance, Graziano
422 and colleagues (Graziano, 1999; Graziano, Cooke, & Taylor, 2000) recorded the
423 response of visuo-tactile neurons to visual stimuli approaching the hand, with
424 respect to systematic changes in the static position of the monkey's arm
425 (proprioceptive manipulation). Results revealed that neurons with visual
426 receptive fields anchored to the tactile receptive fields showed a shift in their
427 response with the hand when it was moved. Interestingly, they also showed that
428 when an artificial monkey's hand was placed above the monkey's static hand
429 (which was now hidden from view), and the position of the visible artificial hand
430 was manipulated, some of the visual responses shifted with the artificial hand to
431 its new position. According to the authors, results suggest that visual information
432 can be exploited by the brain to encode the position of sense. Similar findings
433 have been reported in humans using functional magnetic resonance (Makin et al.,
434 2008).

435 Our findings may also account for the dissociation sometimes observed between
436 proprioceptive drift and subjective report of the RHI. Since the first description,
437 the proprioceptive drift has been used as a proxy of the incorporation of the
438 rubber hand. Recently, however, its relation to the subjective ratings of the

439 illusion has been questioned (Holle, McLatchie, Maurer, & Ward, 2011; Keizer,
440 Smeets, Postma, van Elburg, & Dijkerman, 2014; Rohde, Di Luca, & Ernst, 2011).
441 Our data suggest that visuo-tactile and visuo-proprioceptive integration, in the
442 context of the RHI, are bounded by different temporal rules, and they are
443 differently sensitive to asynchronies. According to an influential model of body
444 ownership (Makin et al., 2008), visuotactile synchrony provides positive
445 feedback on existing processes of visuo-proprioceptive integration. That is,
446 visuotactile synchrony produces the recalibration of the sense of position
447 observed during the rubber hand illusion. Rohde et al. (2011) extended this view
448 by suggesting that, conversely, asynchronous stroking deteriorates visuo-
449 proprioceptive integration. Following this reasoning it can be argued that
450 proprioceptive drift is directly related to the multisensory integration between
451 touch-vision. However, multisensory integration occurs only when visuo-tactile
452 stimuli are presented simultaneously.

453 If our hypothesis is correct, our results have the potential to enrich current
454 neurocognitive models of body ownership (Botvinick & Cohen, 1998; Makin et
455 al., 2008; Tsakiris, 2010). One such model has been proposed by Tsakiris
456 (Tsakiris, 2010). According to his model, the rubber hand illusion arises from an
457 interaction between current multisensory input and internal models of the body.
458 In particular, three critical comparisons are predicted. In the first comparison,
459 the visual form of the viewed object is compared against a pre-existing body
460 model that contains a reference description of the visual, anatomical and
461 structural properties of the body (Costantini & Haggard, 2007; Tsakiris,
462 Carpenter, James, & Fotopoulou, 2010; Tsakiris, Costantini, & Haggard, 2008;
463 Tsakiris & Haggard, 2005). The second critical comparison takes place between

464 the current state of the body and the postural and anatomical features of the
465 body-part that is to be experienced as mine (visuo-proprioceptive comparison).
466 The third comparison is between the current sensory inputs, that is, between the
467 vision of touch and the felt touch (visuo-tactile comparison). The temporal
468 organization of these three comparisons is yet unclear. Our findings, which
469 specifically refer to the last two comparisons, suggest that they operate on
470 different temporal scales, as a consequence of the different temporal properties
471 of the stimuli they process.

472 Enriching current neurocognitive models of body ownership with a temporal
473 dimension would allow investigating the temporal structure of their neural
474 underpinnings according to more recent understanding of brain functioning
475 (Kiebel, Daunizeau, & Friston, 2008). Thus, it would allow going beyond the mere
476 description of brain regions involved in the RHI.

477 For instance, our proposal fits with the hypothesis that neural activity, as well as
478 behaviour, operates over multiple time scales (Chandrasekaran, Trubanova,
479 Stillittano, Caplier, & Ghazanfar, 2009). According to Kiebel and colleagues
480 (Kiebel et al., 2008): “brain function can be understood in terms of a hierarchy of
481 temporal scales at which representations of the environment evolve. The lowest
482 level of this hierarchy corresponds to fast fluctuations associated with sensory
483 processing, whereas the highest levels encode slow contextual changes in the
484 environment, under which faster representations unfold”. In our case, the lowest
485 level would correspond to the comparison between current sensory input, the
486 highest level would correspond to the comparison between the visual form of the
487 viewed object, in this case the rubber hand, and the pre-existing internal body

488 model. Finally, the comparison between the current state of the body and the
489 postural and anatomical features of the observed body-part would lie in
490 between.

491 As organisms, we are continuously exposed to a flow of sensory information
492 featured with particular time constants, durations, and repetition rates. It is
493 thought that our brain exploits temporal organization in the sensory information
494 stream to optimize behaviour (Chandrasekaran et al., 2009; Kiebel et al., 2008;
495 Northoff, 2014). Visual, tactile and proprioceptive information are featured with
496 different temporal structures (so-called “natural statistics”), so it is quite
497 plausible that the above-described comparisons operate over different temporal
498 scales.

499 Our results prompt interesting future investigations on the rubber hand illusion
500 and ultimately body ownership, for instance (i) is the susceptibility of the rubber
501 hand illusion related to the temporal structure of brain activity? (ii) does the
502 susceptibility to the rubber hand illusion change if we experimentally
503 manipulate the visuo-tactile TBW? Future investigations should attempt to
504 answer these questions. And, if the response is affirmative one may think to
505 overwrite participants’ sense of body ownership by altering either the temporal
506 structure of brain activity using neurophysiological techniques, or the TBW by
507 using perceptual training (Powers, Hillock, & Wallace, 2009). This is not without
508 consequences, especially in all the clinical conditions in which the representation
509 of the body is altered, including, but not limited to, schizophrenia (Peled,
510 Pressman, Geva, & Modai, 2003; Peled, Ritsner, Hirschmann, Geva, & Modai,
511 2000; Thakkar, Nichols, McIntosh, & Park, 2011), eating disorders (Eshkevari,

Costantini et al.

512 Rieger, Longo, Haggard, & Treasure, 2012, 2013; Mussap & Salton, 2006), and
513 body identity disorder (van Dijk et al., 2013).

514 **8. References**

- 515 Abdulkarim, Z., & Ehrsson, H. H. (2016). No causal link between changes in hand
516 position sense and feeling of limb ownership in the rubber hand illusion.
517 *Atten Percept Psychophys*, *78*(2), 707-720.
- 518 Asai, T., Mao, Z., Sugimori, E., & Tanno, Y. (2011). Rubber hand illusion, empathy,
519 and schizotypal experiences in terms of self-other representations.
520 *Conscious Cogn*, *20*(4), 1744-1750.
- 521 Bacon-Mace, N., Mace, M. J., Fabre-Thorpe, M., & Thorpe, S. J. (2005). The time
522 course of visual processing: backward masking and natural scene
523 categorisation. *Vision Res*, *45*(11), 1459-1469.
- 524 Balslev, D., Nielsen, F. A., Lund, T. E., Law, I., & Paulson, O. B. (2006). Similar brain
525 networks for detecting visuo-motor and visuo-proprioceptive synchrony.
526 *NeuroImage*, *31*(1), 308-312.
- 527 Balslev, D., Nielsen, F. A., Paulson, O. B., & Law, I. (2005). Right temporoparietal
528 cortex activation during visuo-proprioceptive conflict. *Cereb Cortex*, *15*(2),
529 166-169.
- 530 Bekrater-Bodmann, R., Foell, J., Diers, M., Kamping, S., Rance, M., Kirsch, P.,
531 Trojan, J., Fuchs, X., Bach, F., Cakmak, H. K., Maass, H., & Flor, H. (2014).
532 The importance of synchrony and temporal order of visual and tactile
533 input for illusory limb ownership experiences - an fMRI study applying
534 virtual reality. *PLoS ONE*, *9*(1), e87013.
- 535 Blanke, O. (2012). Multisensory brain mechanisms of bodily self-consciousness.
536 *Nat Rev Neurosci*, *13*(8), 556-571.
- 537 Botvinick, M., & Cohen, J. (1998). Rubber hands 'feel' touch that eyes see. *Nature*,
538 *391*(6669), 756.

- 539 Chandrasekaran, C., Trubanova, A., Stillitano, S., Caplier, A., & Ghazanfar, A. A.
540 (2009). The Natural Statistics of Audiovisual Speech. *PLoS Comput Biol*,
541 5(7), e1000436.
- 542 Colonus, H., & Diederich, A. (2004). Multisensory interaction in saccadic reaction
543 time: A time-window-of- integration model. *Journal of Cognitive*
544 *Neuroscience*, 16(6), 1000-1009.
- 545 Costantini, M. (2014). Body perception, awareness, and illusions. *Wiley*
546 *Interdisciplinary Reviews: Cognitive Science*, 5(5), 551-560.
- 547 Costantini, M., & Haggard, P. (2007). The rubber hand illusion: sensitivity and
548 reference frame for body ownership. *Conscious Cogn*, 16(2), 229-240.
- 549 Ehrsson, H. H. (2012). *The concept of body ownership and its relation to*
550 *multisensory integration*. Cambridge, MA: MIT Press.
- 551 Ehrsson, H. H., Holmes, N. P., & Passingham, R. E. (2005). Touching a rubber
552 hand: feeling of body ownership is associated with activity in
553 multisensory brain areas. *J Neurosci*, 25(45), 10564-10573.
- 554 Ehrsson, H. H., Spence, C., & Passingham, R. E. (2004). That's my hand! Activity in
555 premotor cortex reflects feeling of ownership of a limb. *Science*,
556 305(5685), 875-877.
- 557 Eshkevari, E., Rieger, E., Longo, M. R., Haggard, P., & Treasure, J. (2012).
558 Increased plasticity of the bodily self in eating disorders. *Psychol Med*,
559 42(4), 819-828.
- 560 Eshkevari, E., Rieger, E., Longo, M. R., Haggard, P., & Treasure, J. (2013).
561 Persistent body image disturbance following recovery from eating
562 disorders. *Int J Eat Disord*.

- 563 Fuentes, C. T., Gomi, H., & Haggard, P. (2012). Temporal features of human
564 tendon vibration illusions. *Eur J Neurosci*, 36(12), 3709-3717.
- 565 Graziano, M. S. A. (1999). Where is my arm? The relative role of vision and
566 proprioception in the neuronal representation of limb position.
567 *Proceedings of the National Academy of Sciences of the United States of*
568 *America*, 96(18), 10418-10421.
- 569 Graziano, M. S. A., Cooke, D. F., & Taylor, C. S. R. (2000). Coding the location of the
570 arm by sight. *Science*, 290(5497), 1782-1786.
- 571 Hari, R., & Forss, N. (1999). Magnetoencephalography in the study of human
572 somatosensory cortical processing. *Philos Trans R Soc Lond B Biol Sci*,
573 354(1387), 1145-1154.
- 574 Holle, H., McLatchie, N., Maurer, S., & Ward, J. (2011). Proprioceptive drift
575 without illusions of ownership for rotated hands in the "rubber hand
576 illusion" paradigm. *Cogn Neurosci*, 2(3-4), 171-178.
- 577 Ionta, S., Martuzzi, R., Salomon, R., & Blanke, O. (2014). The Brain Network
578 reflecting Bodily Self-Consciousness: a functional connectivity study. *Soc*
579 *Cogn Affect Neurosci*.
- 580 Keizer, A., Smeets, M. A., Postma, A., van Elburg, A., & Dijkerman, H. C. (2014).
581 Does the experience of ownership over a rubber hand change body size
582 perception in anorexia nervosa patients? *Neuropsychologia*, 62, 26-37.
- 583 Kiebel, S. J., Daunizeau, J., & Friston, K. J. (2008). A hierarchy of time-scales and
584 the brain. *PLoS Comput Biol*, 4(11), e1000209.
- 585 Makin, T. R., Holmes, N. P., & Ehrsson, H. H. (2008). On the other hand: Dummy
586 hands and peripersonal space. *Behavioural Brain Research*, 191(1), 1-10.

- 587 Mussap, A. J., & Salton, N. (2006). A 'rubber-hand' illusion reveals a relationship
588 between perceptual body image and unhealthy body change. *J Health*
589 *Psychol*, 11(4), 627-639.
- 590 Northoff, G. (2014). *Unlocking the brain: Coding* (Vol. I). Oxford: Oxford
591 University Press.
- 592 Peled, A., Pressman, A., Geva, A. B., & Modai, I. (2003). Somatosensory evoked
593 potentials during a rubber-hand illusion in schizophrenia. *Schizophrenia*
594 *Research*, 64(2-3), 157-163.
- 595 Peled, A., Ritsner, M., Hirschmann, S., Geva, A. B., & Modai, I. (2000). Touch feel
596 illusion in schizophrenic patients. *Biol Psychiatry*, 48(11), 1105-1108.
- 597 Powers, A. R., Hillock, A. R., & Wallace, M. T. (2009). Perceptual training narrows
598 the temporal window of multisensory binding. *Journal of Neuroscience*,
599 29(39), 12265-12274.
- 600 Rohde, M., Di Luca, M., & Ernst, M. O. (2011). The Rubber Hand Illusion: feeling of
601 ownership and proprioceptive drift do not go hand in hand. *PLoS ONE*,
602 6(6), e21659.
- 603 Shimada, S., Fukuda, K., & Hiraki, K. (2009). Rubber Hand Illusion under Delayed
604 Visual Feedback. *PLoS ONE*, 4(7), e6185.
- 605 Shimada, S., Hiraki, K., & Oda, I. (2005). The parietal role in the sense of self-
606 ownership with temporal discrepancy between visual and proprioceptive
607 feedbacks. *NeuroImage*, 24(4), 1225-1232.
- 608 Shimada, S., Qi, Y., & Hiraki, K. (2010). Detection of visual feedback delay in active
609 and passive self-body movements. *Exp Brain Res*, 201(2), 359-364.

- 610 Shimada, S., Suzuki, T., Yoda, N., & Hayashi, T. (2014). Relationship between
611 sensitivity to visuotactile temporal discrepancy and the rubber hand
612 illusion. *Neurosci Res*, *85*, 33-38.
- 613 Stevenson, R. A., & Wallace, M. W. (2010). Multisensory temporal integration:
614 Task and stimulus dependencies exp brain res stevenson ra, altieri na,
615 kim s, pisoni db, james tw (2010) neural processing of asynchronous
616 audiovisual speech perception. *NeuroImage*, *49*, 3308-3318.
- 617 Stevenson, R. A., Zemtsov, R. K., & Wallace, M. T. (2012). Individual differences in
618 the multisensory temporal binding window predict susceptibility to
619 audiovisual illusions. *Journal of Experimental Psychology: Human*
620 *Perception and Performance*, *38*(6), 1517-1529.
- 621 Stevenson, R. A., Zemtsov, R. K., & Wallace, M. T. (2013). Consistency in
622 individual's multisensory temporal binding windows across task and
623 stimulus complexity. *Experimental Brain Research*.
- 624 Thakkar, K. N., Nichols, H. S., McIntosh, L. G., & Park, S. (2011). Disturbances in
625 body ownership in schizophrenia: evidence from the rubber hand illusion
626 and case study of a spontaneous out-of-body experience. *PLoS One*, *6*(10),
627 e27089.
- 628 Tsakiris, M. (2010). My body in the brain: A neurocognitive model of body-
629 ownership. *Neuropsychologia*, *48*(3), 703.
- 630 Tsakiris, M., Carpenter, L., James, D., & Fotopoulou, A. (2010). Hands only
631 illusion: multisensory integration elicits sense of ownership for body
632 parts but not for non-corporeal objects. *Exp Brain Res*, *204*(3), 343-352.

- 633 Tsakiris, M., Costantini, M., & Haggard, P. (2008). The role of the right temporo-
634 parietal junction in maintaining a coherent sense of one's body.
635 *Neuropsychologia*, 46(12), 3014-3018.
- 636 Tsakiris, M., & Haggard, P. (2005). The rubber hand illusion revisited:
637 visuotactile integration and self-attribution. *J Exp Psychol Hum Percept*
638 *Perform*, 31(1), 80-91.
- 639 Tsakiris, M., Hesse, M. D., Boy, C., Haggard, P., & Fink, G. R. (2007). Neural
640 Signatures of Body Ownership: A Sensory Network for Bodily Self-
641 Consciousness. *Cereb. Cortex*, 17(10), 2235-2244.
- 642 van Dijk, M. T., van Wingen, G. A., van Lammeren, A., Blom, R. M., de Kwaasteniet,
643 B. P., Scholte, H. S., & Denys, D. (2013). Neural basis of limb ownership in
644 individuals with body integrity identity disorder. *PLoS ONE*, 8(8), e72212.
- 645 Vatakis, A., & Spence, C. (2006). Audiovisual synchrony perception for music,
646 speech, and object actions. *Brain Research*, 1111(1), 134-142.
- 647 Vroomen, J., & Keetels, M. (2010). Perception of intersensory synchrony: A
648 tutorial review. *Attention, Perception, and Psychophysics*, 72(4), 871-884.
- 649 Wallace, M. T., & Stevenson, R. A. (2014). The construct of the multisensory
650 temporal binding window and its dysregulation in developmental
651 disabilities. *Neuropsychologia*, 64C, 105-123.
- 652 Ward, J., Mensah, A., & Junemann, K. (2015). The rubber hand illusion depends
653 on the tactile congruency of the observed and felt touch. *J Exp Psychol*
654 *Hum Percept Perform*, 41(5), 1203-1208.
- 655
- 656