Appendix A. Reflexive journal extract (pp. 1 of 2)

Monday 7th Dec 15 at 13.30-4.00
1a: Husband, aged 86, interview first while wife attends CST
1b: Wife, aged 84 diagnosis of Alzheimer’s Disease, within the last twelve months, interviewed separately after husband. Husband, University Lecturer & wife, furniture upholster, then housewife. Husband on-going education throughout career, wife left school 14. Both white British, local to the area, originally born in XXX. Class unknown - middle class?
Marriage length: 3 children, 5 grandchildren local, lot of support.

• 1a forgot that 1b did a diploma? Little mention of her hobbies and interests whereas 1b spoke a lot about her hobbies and personhood and little about dementia e.g.

• 1a chiefly but also 1b spoke about marriage as a zone of disciplinary power, almost wanting that power and order to be present where it was juxtaposed to a more chaotic time at current lacking in romance and stickability

• Stories of illegitimate pregnancies

• Physical ailments of ageing and the dependency this bought discussed

• Group very difficult for 1b and she doubted whether she’d ever go back, she spoke about them just drinking tea and wearing name badges which reminded her of when she was an evacuee, she also said that the facilitator spoke very loudly and where some people had hearing issues she did not, positive discrimination

• Family heavy involvement – son first directed 1b to see GP

• 1b spoke of MRI and drugs and how things were really explained and she was told just keep taking your drugs (initially these had very bad side effects)

• Inconsistent dialogue about believing or not believing AD – unable to challenge certain rituals of speaking? (in the presence of truth facts)

• War and stiff upper lip discussed ‘you just get on with it’

Friday 11th Dec 15 at 10.30-12.00
2a: Husband, aged 88, interviewed first while wife attends CST. 2b: Wife, aged 81, diagnosis of vascular dementia 3 years ago, interviewed second due to attendance at CST group, which had been requested by the couple on the phone for ease. Husband XXX engineer, wife, housewife, XXX tour guide, garden designer. Husband left school at 14 and wife at 16. Born and raised in the area, white British. Marriage length: 2 children, 4 grandchildren not local, less support.

• Interview conducted in XXX. Separate toilets noticed for staff and patients (staff toilet door said staff, not toilet so only staff would know if was a toilet). Greeted by being invited to sign in book (number entering a factorial system, staff and patients are part of this system). Wooden chairs with purple coloured seats all around the four walls of the room, various magazines. Two receptionists behind a glass screen sat a desk’s behind this. Small area of the glass missing to allow visitors/patients to converse with receptionists (protective shield from media stereotypes of those with mental health problems/dementia?). Frosted windows, can’t see in or out. Clinic rooms described below.

• 2b discourse structured beginning with hobbies and interests and pays very little attention to memory difficulties, which progresses into an outright refusal of them (resistance). ‘I don’t believe I have vascular dementia’.
2b some mild hesitancy in speaking to me at first; possibly in relation to previous association with professionals assuming her deterioration and anger of my association with professionals [as a professional] who diagnosed her (think: medical gaze/control and inscription of this). Also, the room where we interviewed was clinical with medical equipment that perhaps enhanced this (e.g. white washed walls, weighing machine, bloody pressure monitor, bed, computer desk; although did rearrange the chairs and sit away from the desk, spacious room).

Unhappy with professional experience, measures [and clinician’s] described as crude and flippant, and driving licence taken away without explicit notification that the DVLA would be contacted from professionals. 'I try to stay away from hospitals' and '[I didn’t challenge them] because of laziness I guess' (power of the medical discourse as truth with its paper tests and scans, unchallengeable without huge effort or cannot be challenged full stop).

2b autonomous and articulate lady, depicted to have taken an independent and more dominant role in the past and is still asserting her ability to do so? (lunches with friends, gardening in all weather, Christmas shopping). She raised the children with her husband working long hours on the railways and worked a historical museums and site greeting guests etc. Talks around gender, women staying at home- 'that's the way it was then', emphasising the shift in gender role discourses in a short period of time.

Nonetheless, 2a discourse entrenched with signs and symptoms and powerful dementia, less emphasis on his or his wife’s hobbies, career, and marriage – these had to be encouraged by the researcher (why?)

2a frustration/finding things challenging and not having an outlet to voice these (such as a friendship group) role could be considered burdensome and challenging at times but this seems difficult to say explicitly in the presence of a marital discourse/love and nearing death

Surprisingly 2a/husband trying his upmost to enable the wife to engage socially and psychically, linked to observations of sister deteriorating, add odd with researchers assumptions informed by Kitwood about communicative patterns – emphasis on love and wanting to do the best for the partner.

Tues 29th December 12.45-2.15
3a: Husband, aged 74, interviewed together (preferred) diagnosis of vascular dementia 2 years ago – prefers to call it mild memory impairment as dislikes broad concept dementia 3b: Wife, aged 73. Husband, personnel manager, wife, housewife, and nursery school teacher at times. Husband left school at 17, then attended college until 19; wife at 16. 3a completed a degree, White British. Marriage length: 54 years. 2 daughters, 4 grandchildren. Grandson lives with them.

Interview had been rearranged until after Christmas, and the new time did not coincide with the CST group that 3a attended on Thursdays. 3a initiated the contact and phoned a couple of times before hand to ask for an earlier time and explain running late (not overly compliant character as how research participants may be characterised).

First topic presented by 3a was frustration of his wife for repeating questions up to three times, not denied by wife. Wife also expressed frustration about 3a’s lack of acceptance of the diagnosis or the issue at hand ‘he’s not thinking about the long term’ when it happens ‘he won’t know, it will just be those around him’. Yet gestures of affection throughout such as before saying something difficult, gently touching the others hand.
Appendix B. Initial working out from three leaflets (pp. 1 of 3)

Leaflet ‘Active Minds’ - Alzheimer's

- Music, dance, games, crafts, and pool plus (lots more)

- A group to socialise

Yet these ppl are homogeneously grouped through having dementia coded controlled as a result of encountering medical professional context - this group is advocated as a form of treatment (subtle undertone in the text)

A, Bre are here to help x 2

This is concurrent with the fact that staff expertise status needed behind the scenes - it is different from normal 'socialising' - maintains need for professionals

"Leading the fight against dementia" - dementia serious/deadly requires capable others to fight it for them - evokes fear - fight - need for a professional army

Alz. Society... leading support

Research,... helpline, website

Publications... local services

Campaigns... innovate

+ quality mark/fund fest symbol "cause and cure"

- Title promotes a healthy active - active key in mind

- Something for every individual to find interest in - promotion of individually - kitwood and person centered movement - here, dementia is more subtle, at forefront is the active and capable agent
Leaves: worried about your memory?

Remember that day clear as can be but its a struggle to recall what I did this morning.

photo: black & white of wedding young marital couple with young child in 1980s.

It's happened to all of us... you can put a face to a name... most of the time these slips are a nuisance rather than a sign of something more serious.

It is important to seek advice early of a medical condition.

If you are concerned about someone close to you... you may want to start the convo. by gently asking...

"Book an apt with GP... he/she will arrange further investigation..."
Appendix C. Discursive patterns identified across the leaflets
Appendix D. Key developed to analyse/code the interview transcripts

<table>
<thead>
<tr>
<th>COLOUR CODED KEY/QUESTIONS USED TO ANALYSE TRANSCRIPTS</th>
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<tbody>
<tr>
<td><strong>Dementia as a construct</strong> – mark out the different discourses/theme to see how dementia is constructed by participants</td>
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<tr>
<td>• E.g. madness, normal old ageing</td>
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<tr>
<td><strong>Professionals/GP under what circumstances?</strong> What constructions are there of professionals, PWDD and spouse?</td>
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<tr>
<td>• Talk on professionals/GP</td>
</tr>
<tr>
<td>• Talk on spouse/PWDD in relation to the above</td>
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<tr>
<td>• What was it that made people see professionals?</td>
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<tr>
<td><strong>Subjectification/Objectification &amp; Zone of Disciplines</strong> What tools did participants discuss in relation to dementia, what were the sites they encountered, and were there any individualising effects?</td>
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<tr>
<td>• Talk skills/technical procedures such as scans, tests, medication, CST/PCM</td>
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<tr>
<td>• Individualising of PWDD/Carer?</td>
</tr>
<tr>
<td>• Soul effects</td>
</tr>
<tr>
<td><strong>Marriage</strong> – what discourses did participants draw upon concerning marriage? Did this have any significance in relation to Dementia?</td>
</tr>
<tr>
<td>• Shared experiences, we/ I?</td>
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<tr>
<td>• Differences regarding marriage then/now? Gender?</td>
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<tr>
<td><strong>Family</strong> – consider psy family, and how the family/spouse may act as a liberal apparatus of power?</td>
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<tr>
<td><strong>Carer</strong> – what discourses are there regarding the caring role from both PWDD and spouses?</td>
</tr>
<tr>
<td>• Positive/negative connotations?</td>
</tr>
<tr>
<td>• Social context around caring</td>
</tr>
<tr>
<td>Possible pattern of <strong>resistance/rejection</strong></td>
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<tr>
<td>Possible <strong>subject position</strong>/enactment of a subject position</td>
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<tr>
<td><strong>Counter discourse</strong></td>
</tr>
<tr>
<td><strong>Pay particular attention to</strong> –</td>
</tr>
<tr>
<td>• Differences between spouse dyads, within spouse dyads, between PWDD and spouses</td>
</tr>
<tr>
<td>• The dominant or main discourses being drawn upon</td>
</tr>
<tr>
<td>• The subject positions that participants taking up or being accorded, and the subsequent behaviours are facilitated or inhibited as a result</td>
</tr>
<tr>
<td>• The regularities, patterns, deviances, irregularities in participants talk</td>
</tr>
<tr>
<td>• Appearance/disappearance or discourses</td>
</tr>
<tr>
<td>• Replacement of one discourse for another</td>
</tr>
<tr>
<td>• Coexisting or supporting discourses</td>
</tr>
<tr>
<td>• Objects/subjects in the discourse</td>
</tr>
<tr>
<td>• Styles of statements are being made, assumed truths</td>
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</tbody>
</table>
INTerviewer: Okay you were saying how it came about is it went to your GP ([1])
William: Yeah ([4])

INTERVIEWER: and this was after your son and daughter had arm ([6]) I highlighted so many to you about your wife's ([8]) I mean 40's ([10])
William: Yes ([12]) Yeah ([14]) and then we saw the GP and it got ([17]) close ([19]) stir paper ([21]) out it ([23]) and after doing throwing a piece of paper on the slant ([25])

INTERVIEWER: So why is it ([27])
William: It was very rude ([29]) I mean at least I thought it was ([31]) and then we saw another GP ([33]) and he did the same thing.

INTERVIEWER: [a brief questionnaire was sent to the cr. (35)]
William: Yes ([37]) but it was ([39]) it was very poor (Dr.) ([41]) at least I think it was ([43])

INTERVIEWER: [Yeah hhh (45) nothing will be said] 1
William: Than it ([47]) referred ([49]) to somebody here ([51]) We came and saw a you what's a coloured doctor ([54]) in Sligo ([56]) I can't remember his name.

INTERVIEWER: [was he a psychiatrist?] ([58])
William: Yeah ([60])

INTERVIEWER: Okay ([62])
William: And he sent a report to our son ([64]) and things like ([66])

INTERVIEWER: Right ([68]) and what would she tend to say to you in those moments (?)
William: Well we were trying to buy some coins present ([71]) for our daughter ([73]) my daughter ([75]) because ([77]) if she's in ([79]) if she is ([80])

INTERVIEWER: Right and what would she tend to say to you in those moments (?)
William: Well we were trying to buy some coins present for our daughter and the main concern ([84]) of the main concern ([86]) of the present ([88])

INTERVIEWER: And what would she tend to say to you in those moments (?)
William: And what would she tend to say to you in those moments (?)

INTERVIEWER: Yeah it sounds challenging at times ([92]) not for both of you.
William: Yeah ([94]) I'm not looking forward to the future but I mean when we first talked about this over the weekend I was saying ([96]) I was saying ([98])

INTERVIEWER: Yeah ([100])
William: I was saying ([102]) I had given up ([104]) and I had ([106])

INTERVIEWER: Yeah ([108])
William: I was saying ([110]) I had given up ([112]) and I had ([114])

INTERVIEWER: Yeah ([116])
William: I was saying ([118]) I had given up ([120]) and I had ([122])

INTERVIEWER: Yeah ([124])
William: I was saying ([126]) I had given up ([128]) and I had ([130])

INTERVIEWER: Yeah ([132])
William: I was saying ([134]) I had given up ([136]) and I had ([138])

INTERVIEWER: Yeah ([140])
William: I was saying ([142]) I had given up ([144]) and I had ([146])
INTerviewer: No, of course (sympathetic) (Ag):

William: But it's (Ten) becomes very, very difficult at times (stuck, frustration)

INTerviewer: Yeah... are there times where you've perhaps offered [support] in that way and that has helped? It's not been (Tae) taken in perhaps a negative way by your wife?

William: I mean, we try and do cooking together... I have to. (If) I could have done any cooking before (the illness) because my wife was the cook. We've sort of just been a very good cook (William), a very good friend (William)

INTerviewer: Ah okay so you've done all the household cooking.

William: Oh yes. And now I'm taking that it's going to stay (for some time) in a few years time. I mean a year or two or three three years time or whatever (Ten) and I'm trying to get this cooking stuff. But I keep asking her. I don't know you tell me you're the expert?

INTerviewer: Yeah.

William: And I try and make her get involved (she said too, no) and you do it (you can do it) not sure if you're the expert (in the kitchen) (William) (I try to help make up to it). But I realise that it is going to fall on me (William). In a few years time but it (William), I mean unfortunately, as I saw our daughter lives in... so we won't get any help from there.

INTerviewer: Oh so quite far away then?

William: Yes, we're going to live just after Christmas, we're going to our son's for Christmas.

INTerviewer: Your son (he) does he live near by?

William: In... kind of west midlands or, erm... it's difficult (William) we're not going to get any help. We've never been a great family (William) and she says we should get a good friend (William). And I mean even this time she says we should get a good friend (William) and we live close by (William). And she says we... do we think they share your concern or worry (William) (he)

INTerviewer: Yeah, okay um... do you think that your children feel bad about that... (William) or do you think they share your concern or worry (William) (he)?

William: Yes, well yes, I think they are concerned. And I mean, yes, (I mean) our son (he) has a job (it's) not a full-time job and she came down two weeks ago. Just for fun and then she came back the next day and he said well I'll come once a month. But (William) I don't think he will think he was just saying that (William). But my daughter (I mean) she says, oh, she's come over here she says, just get a ticket (William). But my wife used to work a computer (William) she used to buy train tickets and she is now in bed.
INTERVIEWER: okay

WILLIAM: so i shall go on the train (11) [as i used to drive up there but now i'm eighty eight so i don't like long distance driving]

INTERVIEWER: yeah it's a long old journey to ...

WILLIAM: i mean i wasn't used to it but i worked on the railway when i was a driver you know

INTERVIEWER: On right

WILLIAM: and so we get sixteen free trips a year

INTERVIEWER: On wow (!)

WILLIAM: so we shall go up to (11) on the train and then we've got the tickets (?)

INTERVIEWER: yeah eh okay

WILLIAM: to fly from (11) to get to (11) and we our daughters got the return tickets out there so we shall pick them up (11) and come out later (11) in the middle of January of whatever (11) but as i say the uses at back of these letters etc and get them out but the card do it now as i say the done banking online banking (!)

INTERVIEWER: When were the times that this stopped (?) what made your wife stop doing the banking (?)

WILLIAM: well she forget to do it

INTERVIEWER: ac like passwords and things like that (?)

WILLIAM: well yeah i forget passwords and numbers (?) i'm very good at numbers (11) i can remember pins (11) but my wife can remember no numbers (11) and when we go in the pays (? we go in the ears to get some money and well (11) i say let me see years out (thank you!) (11) i want her to keep using (11) i try and get her to keep using (11) and she's got a book with a loose leaf at home with all the receipts we get (11) and the (11) we get two bank accounts (11) and she's got two books and she asks these and i encourage her to keep keeping the books out (!)

INTERVIEWER: mm yes

WILLIAM: i don't think she's as a hundred per cent but (?) try and keep her going as much as she (11)

INTERVIEWER: yeah (?) and how (C0r) because it sounds like you're very supportive and encouraging... (11) independence (?) you seem to want to push her to do it herself as much as possible (?)

WILLIAM: yes (!)

INTERVIEWER: and i wonder what made you think that was the best approach because not everyone does this (11) it seems to be to be quite adaptive

WILLIAM: well erm (11) i feel (11) we've gotta sister that lives in london and she's very well off (?) and her son says to her to get some money if you don't wanna do this (?) and you don't wanna do that (?) and now she has to walk about with a frame (?) she doesn't do it for herself (?) and i think that's wrong (!)

INTERVIEWER: mm yeah

WILLIAM: i mean i got a big vegetable garden (11) i still dig this vegetable garden and (11) we have vegetables and (11) there's no vegetables and (11) me and Mrs. (11) you've got to keep doing something to keep interests and this why i try and i don't know how bright william (11) i know william is going (?) people used to run a flower arrangement class (11) and then (11) i used to be in the flower arranging class and she corn sold (?) and we used to go to the whole sellers and buy all the (11) (11) a friend and (11) i packed lunch more or less for 4 years and she says these (11) i don't know more about it (11) i don't i don't thing it's problem anyway (11) i was agreed that (11) they meet once a month and they had a cup of tea and unfortunately she deceased last year because (11) you had to missing letters

INTERVIEWER: and that man

WILLIAM: and i think (?) i'd rather her come here than the pub lunch we could do the (?) but today i've got to take her there

INTERVIEWER: yeah of course

WILLIAM: and i say to these women quietly i say 'look keep this going whatever you do keep this going' but she don't hear me when i say to them (?) they are good to me and very friendly of women as i haven't got this sort of thing with men (11) i mean i worked with colleagues and things but we don't mean any more

INTERVIEWER: do you wish you did have that (?)

WILLIAM: yes (11) a friend of mine as i say i had a heart attack and died (?) but i mean we used to go out together and do things and this sort of thing but as i say i wanna be careful (?) i don't wanna get too friendly with two (? other women otherwise my wife might think that) (?)

INTERVIEWER: her friend (11)

WILLIAM: i don't want her to think i'm after this other women you see so i let them go together and wander off and sometimes go on their own (?) and i used to keep seeing (11) and i used to be very difficult (?) and i say (?) i mean i'm not always right you know what i mean (11) or to keep (?)

INTERVIEWER: it sounds like you are avoiding very thoughtful about (?) (11) the best way to manage things

WILLIAM: yes (?) i mean we go to (11) twice a week (?) i i got there we go on the bus (11) and it's surprising how little bus had or the amount of people we know (?) you know when you use the other day sort of things (?) i had a go somewhere else (?) and she's got to know people on these buses and this sort of thing and i want to keep that up (?) but am i right in doing this sort of thing (?)

INTERVIEWER: i am (11) i think it would be wrong for me (11) to assume an expert position and say what's right or wrong because i think it about each individual person and judging which is right for them but i think you know your wife better than anyone else (?) and it seems the observations and experiences of your sister where you've seen the you think haven't been helpful have informed how you are handling this situation

WILLIAM: yeah

INTERVIEWER: so i think the things that you are trying and saving make a lot of sense to you is it they seem very supportive i'm trying to enable your wife in the best way that you can

WILLIAM: yeah we see her with the housekeeper this mom (11) it was friday night someone (11) (?) but did this morning because we got home late

INTERVIEWER: lady (11) marriage
WILLIAM: But normally I leave that to my wife (.) and she very through (. ) cleaning means cupboards shall sort cupboards and everything all done out

INTERVIEWER: to give it a good clean

WILLIAM: and also she's spotless at cleaning the washing and (. ) all this I mean erm she's got all this stuff in the machine and I hang it out and dry it and all this sort of thing

INTERVIEWER: okay

WILLIAM: and help her (. ) sometimes to do the ironing while she does the cooking and things like that

INTERVIEWER: yeah

WILLIAM: [. . .] try and sort be involved with her

INTERVIEWER: [and is that something you've always done (. ) have you always taken that role (. ) because it seems like you share it fairly fifty fifty and I'm just wondering weather your wife perhaps too much care of these things in the past (. ) because I know you said about the cooking that was nice (. )

WILLIAM: yeah

INTERVIEWER: em yeah

WILLIAM: But I mean years ago I didn't (.) I mean now I make cakes and casseroles and things like that

INTERVIEWER: me right (. )

WILLIAM: But I never used to years ago but as I say my mother was a good cook I don't know about the washing but before I was married but I didn't much now

INTERVIEWER: me

WILLIAM: But I says 'ER! THIS CAKE DONE?' (.) and she says 'yes well you know' and I says 'I don't know you're the expert (. ) you come and try it (. )' and I do (. ) I want to do it to keep her involved as much as I can (. ) I don't know if I'm right or I'm wrong but I think of my sister (. ) you don't don't do that (. ) don't do your cleaning (. ) don't do this and don't do that (. ) and I just sit down (.) as I say she goes around with the zimmer frame (.) and I think you've got to keep exercising (. ) I go for a walk across the fields because out the back of us there's fields (.) but I just walk and I go for a walk (. ) and I keep her interested in things (. ) and as I say I don't know whether I'm right or wrong

INTERVIEWER: It sounds like a good approach

WILLIAM: I mean if anyone tells me I'm wrong I'll admit (. . )

INTERVIEWER: me (.) I think [ . . . ] that's a very positive approach (. ) and it's quite often certain assumptions can be made about people with memory difficulties that they're not capable (.) and it seems like you're trying to enhance your wife's abilities as much as possible

WILLIAM: yes (. ) I mean when we go to our daughters at Christmas (. ) we normally take a Christmas cake (.) and (. ) my wife bakes the cake (.) she says 'you do it' and I say 'no you do it (. )' don't know how to make Christmas cakes but I do (. ) and then she made it but I tried to stop her (.) I got fed up because of travelling you see in a box with being on it (. ) but couldn't (.)

INTERVIEWER: yeah

WILLIAM: See my granddaughter she's about twelve (. ) I mean she wants to do it all (. . )

INTERVIEWER: Ahh (laughs)

WILLIAM: you know it's not to my wife's perfection

INTERVIEWER: she likes how she wants it done (laughs)

WILLIAM: I mean nah it's silly little things but (. )

INTERVIEWER: is it (. ) just keeping an eye on time (.) the work (. )

WILLIAM: em quarter past eleven

INTERVIEWER: oh quarter past eleven (.) I wanted to go back on to (. ) as I think it's quite important in terms of what I'm looking at (. ) about your experience of the professionals (. ) the GP in particular (. ) you said that you thought it was quite the way that he managed things (. )

WILLIAM: well well well I mean he got a scores of paper (. ) some old paper like that and had got (.)

INTERVIEWER: shifted

WILLIAM: which was very (. . ) well (.) (.) well (.) minimal sorta thing (. )

INTERVIEWER: yeah

WILLIAM: which was very (. . ) well (.) (.) well (.) minimal sorta thing (. )

INTERVIEWER: yeah

WILLIAM: but then as I say then we got referred here (.) I didn't know this place existed (. )

INTERVIEWER: and how was your experience in this place (. )

WILLIAM: oh you mean the doctors we saw (. ) well or he was (.) wasn't he? (. ) well we saw him and he was different (.) definitely to the GP (. ) he was good (.) he was good (. ) he gradually referred us on

INTERVIEWER: and your wife's going to the CST group now (. . )

WILLIAM: yes

INTERVIEWER: and what do you think about the group (. )

WILLIAM: well I don't know much about it but I do hear that they do is talk to see another (. ) and all this sort of thing (. )

INTERVIEWER: I think there's a few different thing they do but they might be some of the things

WILLIAM: say I think she'll miss a couple while we're away (.)

INTERVIEWER: away

WILLIAM: bit we missed (.) (.) I think she had about an eight week course about (.) falling over there (.)
INTERVIEWER: Oh okay.

WILLIAM: And she enjoyed it, I used to go down and take her there once and I'd sit there reading a book, but unfortunately I never bought her kids' books. I remember one time we were going to do that thing and there were other things I was thinking about. She got a local Christmas gift to take to these ladies and I never even mentioned it. I think you must take times if you're gonna meet all these ladies that you have lunch with. INTERVIEWER: Yeah, okay, so have you got them with you then?

WILLIAM: Yeah, I'm having the car parked.

INTERVIEWER: There's a lot of things to do before Christmas isn't it?

WILLIAM: I was thinking about those but never bought a book. I used to...

INTERVIEWER: Laughs. Well, I'm glad we did get to talk. I'm very appreciative of your time and the fact that you're sharing your experiences with me because I know it's difficult to talk about some things as well. It can be emotionally quite hard to sit and think and reflect about.

WILLIAM: Yes, but how do you feel in dealing with these people like this? In the past, you must have been a big issue in my life when I was younger, I brought me up. I know there'd be a lot of respect for other people. I didn't have things like that. And I think it's really, really difficult to be around other people.

WILLIAM: [On yes.]

INTERVIEWER: But I can't be very good at understanding and I hope that... I think that there's a lot of respect for other people in the world, where they've seen things that I've experienced or not. And I think in my experience, I've been a very calm and wise person, which probably I'm really good around other people. WILLIAM: [On yes.]

INTERVIEWER: Or yes, yes [laughs].

WILLIAM: Yes, yes [laughs]. I suppose I've been lucky. I've had eight good years of life. I've never had a serious operation or illness or anything.

INTERVIEWER: Oh wow! How long have you been?

WILLIAM: Well, I was as a train driver and I worked in the goods office.

INTERVIEWER: On nights! (With the deliveries.)

WILLIAM: Yes, and I was used to get up through the night. I'd see this young woman [laughs] and I'd go to meet her and take her to the pub. And eventually we went out together and she told me she'd never marry me. But after the second time, I phoned her up.

INTERVIEWER: Why did you phone her up?

WILLIAM: I phones the house, it was a job.

INTERVIEWER: Oh right.
INTERVIEWER: Oh right (.) yeah = yeah she's done a lot for other people.

WILLIAM: So yes yeah.

INTERVIEWER: And when you or just kind of thinking about your married life so you met and you had two children (.) err (.). and I wonder did your wife continue to work or did she take a role in the home or (.).

WILLIAM: She didn't work (.). when we first got married she stayed at home and brought the children up (.). But when they got older (.) she took jobs (.). and at the best job she took was (.). in a minor college as a graduate (.). and she was basically (.). she loves a lot of history and that so it was right up her street there (.). as I say (.). she worked for several years (.). big there weren't allowed to work after a certain point (.). she worked in (.) and she was trusted to be with that job.

INTERVIEWER: O.K. (.). what was her role in that job (.)?

WILLIAM: Well she used to work in the house and when the looees came she'd show them round (.). last then any information or anything (.). they were all beds in uniform to wear (.). and it was (.). you used to have to go over about 11 in the morning or 12 (.) sort of thing.

INTERVIEWER: On long shift then (.).

WILLIAM: Yeah. and it was weekends and bank holidays as well (.). but (.). she enjoyed it (.). and that was okay (.). once you've used to work weekends and bank holidays being a train driver (.). I could be away a minute of the day.

INTERVIEWER: yeah = did you have long hours then (.).

WILLIAM: Yeah but (.). we didn't know (.). that was the last one into the back (.). she was also a graduate in a local school for some time (.). she used to go there and clean up in the mornings and that (.). open the school in the morning and that (.) the one that I was employed at (.) for about half an hour (.). she was the one and other.

INTERVIEWER: yeah = you said something about that you had to stop working after a certain time (.). why was that (.).

WILLIAM: Well (.). it was just an age thing and err (.). I don't really know why they stop people because they used to be with (.). there was you'd retire there and that (.) sort of thing or you know they have a long period in the summer where they are said to go there (.). and do things (.) and she used to help with these (.). and she liked that.

INTERVIEWER: Umm.

WILLIAM: Miming with other people.

INTERVIEWER: um quite a social lady then who enjoys mingling with others.

WILLIAM: yeah (.).

INTERVIEWER: I'll just check my clock (.). I don't wear a watch (.) err use my phone (.) so I'll just keep an eye on time.

WILLIAM: It's about half eleven.

INTERVIEWER: I don't want your wife to come out and (.).

WILLIAM: and what time does she come out (.). I think its half eleven so got a few minutes (.). just wondering if there's anything that you think that I might have missed that you think is quite important in relation to talking about your experience (.). or anything that we've not mentioned (.).
INTERVIEWER: Yep and (.) okay (.) I think that’s it (§3) and do you know how long ago your wife had her diagnosis (?) when she received her diagnosis (?)

WILLIAM: Oh er (.) two or three years ago (.) I can’t tell you exact

INTERVIEWER: that’s fine (.) so for years and you noticed it around that time (.) it hadn’t been a big build up (.) quite not at that time (.)

WILLIAM: yes yes

INTERVIEWER: and now are you finding talking today (.)

WILLIAM: Well ah he (hes) (.) I want someone to tell me am I doing right y’see (.) I’m as I try and encourage her to do everything she can (.)

INTERVIEWER: Yeah (.) Yeah

WILLIAM: I mean she’ll go shopping and she’s got two blouses there and she’ll say ‘well I’ll like both’ (!) and I say ‘well look (.) buy both of them cos we’re not hard up ready’ (.) but she says ‘well I don’t want to’ say we – well what do I do then (.) I don’t know what to do (.)

INTERVIEWER: yeah its confusing I bet (.) but it sounds like you are being incredibly supportive (Emp) and and thoughtful as I said about

WILLIAM: well I try (.) umm I suppose I’m not always right but I don’t know (.)

INTERVIEWER: umm

WILLIAM: I don’t know if I do things wrongly (.) but we just had a new washing machine two or three months ago (.) and and you gotta have a bachelor in science degree for one of these things (.)

INTERVIEWER: Really they make them so complicated now (.) There’s so many different components (.)

WILLIAM: Oh I get her to say (.) think I don’t understand it but I do but you work it out (.) but she got a program on the other day and I said how’ve got that on there (.) (.) she said ‘is it (.)’ (.) she said it’s on there (.) and alright she said its cos it (.) But (.) I try and make her go things but is it right as I said (.) she know (.)

INTERVIEWER: yeah = I think arm (§5) as long as your (.) it sounds like the dilemma was when your wife said I don’t want to make both and I think having some autonomy as well (.) so its good that your recognising her her activity participating in things (.) but I think its also good that she is encourage to make decisions and assert what she wants to do and doesn’t want to do

WILLIAM: I said to her the other day Thursday we bought our daughters these two blouses of earrings (.)

INTERVIEWER: Oh yeah

WILLIAM: I says why don’t you have a pair of them (.) oh good she says (.) so (.) tomorrow we shall go in and I’m gonna try and say look there’s a jewellers or there’s Pandora and I’m gonna say you have something

INTERVIEWER: for a Christmas present (?) Heh (laughs)

WILLIAM: yeah (.)

INTERVIEWER: that sounds good

WILLIAM: I don’t believe in going n’ buying her something (.) that she don’t like er (.) cos they won’t be them bad

INTERVIEWER: yeah (.) I think I can hear them come out now so I’ll just sort okay –

(pauses tape and participant 2b comes in for an interview and 2a leaves)
Appendix F - Joint interview transcript for Henry & Emma (pp. 1 of 8)

INTERVIEWER: [Henry] I just put that there so I’ll just start by asking a few questions, and the first thing relates to your diagnosis and experience of memory difficulties at the moment arm.

HENRY: Well the main concern is memory. It’s words and especially names. It’s not what I can say about that arm.

EMMA: But you have had a diagnosis haven’t you?

HENRY: Well I have to say that I don’t like to carry a diagnosis of dementia around with me.

EMMA: [sighs] I think that’s because you’ve got a very nice and very understanding doctor speaking to [Henry] who is a very kind man. I don’t think he’s trying to give you the wrong sort of information. He’s talking about the disease and not about the person.

HENRY: You know I have a diagnosis of dementia. I just don’t like to carry that around. I think that I’m not the sort of person who likes to be reminded of that. I think it’s not something that I want to be reminded of. I think it’s not something that I want to talk about.

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HENRY: (sighs) well I don't think we want to bring vascular dementia into it do we? (?

EMMA: you mean that you don't want to do it? (?

HENRY: but as far as I know if you've got short term memory loss your not necessarily gonna get vascular dementia because it's two aren't related are they? I don't know I'm not sure (?

INTERVIEWER: mmm (?

EMMA: well I've been told that (two or three times) and once or twice I've been told it's two or three times but erm ( ) you know that (the last time) for example ( ) my husband does it ( ) do you? (?

EMMA: (assessment ? 

HENRY: my counselling assessment ( ? 

INTERVIEWER: yes (?

EMMA: might be a funny six or something and it'll just say well it's called to be sixty seven 67 Little bit ( ) and I think (laughs) yeah that's ( ) there's nothing I'm saying I don't know but I don't think that he means me to talk about the, I mean he still is well I still think that very odd ( ) he's still very weak to me ( ) or what do you call it I can't call it weakness ( ) I'm not sure (?

EMMA: (said?)

INTERVIEWER: and I think dementia is a term that erm doesn't capture that there's lots of different types and lots of different types ( ) it's quite an ambiguous term as well ( ) and I guess for you you're saying oh this doesn't fit for me ( ?

HENRY: I think it was just ( ) if someone comes to talk and not to talk but if someone comes just now and starts talking about dementia well ( ) they straight away feel well it's err he's kind of glossing his looking his marbles so to speak and I don't I don't agree with that ( )

INTERVIEWER: from your perspective Emma it seems that you think the term is more helpful in thinking about the term and in assessing ( ) and it seems as though you've both got slightly different views on that perhaps ( ) I mean different positions as well in relation to what's happened ( ) or

EMMA: (yes? ) yes I worry more about the future than I do about today ( ) I mean Henry's able to do a lot ( ) he's never been one for cooking or doing anything in the house ( ) so I do worry that if he gets any worse it's going to be more difficult (?

HENRY: well if it( ) as you say that's an important thing ( ) then there's nothing to stop us talking about cooking is there (?)

EMMA: but you've never gone for cooking in fifty years (laughs)

HENRY: oh I've never done it (?

EMMA: well you've never had to because I've always been at home (?

HENRY: well because you're and excellent cook and I may good (?) then that's something you've said and I've not really thought about it before ( ) but I don't know I'm more than happy to cook (?) but I compare your cooking to my cooking and it's (?)

EMMA: you wouldn't know the first thing to do ( )

HENRY: no but it's helpful if you can teach me something ( ?

INTERVIEWER: is this a conversation that you've both had before or is this something that you tend not to talk about ( ?

HENRY: I don't think.

EMMA: well we had sort of broached the subject but I wouldn't say that we really discussed it ( ) in depth

HENRY: but you've raised a different point now ( ) whereas Emma might think well you're just lazy you don't cook ( ) whereas I actual fact she's made the point about what might happen if she can't cook any more ( ) which I'm quite happy

INTERVIEWER: I guess it seems like you're quite concerned about the future but I guess it like a weighing scale it could go either way about who tends more or less support ( ) and that it's a general concern at the moment about age and what that is ( ?

EMMA: all I can think about now is how Henry is going to be in six months time in twelve months time 12 months time ( ) and I do see him as for even taking him or saying he should go to the GP because he says that if he hasn't gone he's still going to be on the way he did ( ) before I think if I can say ( ) which is probably the biggest thing for him ( ) I don't know if I'm right ( ) you're not forcing him but he can't control it ( ) he's going to the doctors ( ?

HENRY: well at first I even took it likely but then after a few months I began to think I'm particularly doctor ( ) I've been here to see ( )

EMMA: that his job Henry ( )

HENRY: yes I know I think he seemed to be inquiring me as if I was and and that's ( ) I'm not sure he says that ( ) but you know I'm not sure ( )

EMMA: (agrees) I think it was just ( )

HENRY: I wonder what you think about Henry's point he made earlier Emma that ten years ago dementia as a concept was barely used (?)

EMMA: yes I do agree ( ) I don't think I've ever heard about it ten years ago ( ) oh no yes I did we did have two friends whose mums had dementia ( ) they and they both had to go into a home ( ) and even we were both quite disgusted at the time that had to house to pay for their care where as the other one because she was a council tenant had ( ) she only had his pension you ( ) and we just felt that was a terrible thing to ask especially when in that Life's Waring and Earm ( ) Henry's always absolute priority for the family if this and ( ) I mean houses may just go on care fees or something ( ) but yes several years ago we don't think you really heard of the term dementia used ( ) we we'll all today ( ) do it think ( )

EMMA: (agrees)

HENRY: we are ( ) right forget what I was gonna say now ( ) with ( ) what we've done ( ) it's only afraid of that can be taken away (?)

EMMA: not with the house it's with the ( ?

HENRY: (with the house yes? ) unless both of us and up in a home ( ?

EMMA: (unless both of us and up in a home (laughs)
EMMA: men; men; men; men; I've started to think that men can't see all the words he wants to use or help him to use all of the words he wants to use (and I don't know what he's doing)...

HENRY: because I've been waiting a (who was it) and I was going to give that to you (and I can remember anything)

EMMA: (interject) think

HENRY: well I've been writing about myself and I've got three or four sheets over the last month or so (when things come to mind) oh what was I saying (you)

EMMA: about the things you've been writing down (I don't know).

HENRY: yeah I've forgotten

EMMA: I don't know what you've been writing down I don't know.

HENRY: no perhaps (I'm) not sure that you don't (laughs)

EMMA: might be awful things about me

HENRY: no no it's not so and I'll bring it up (0)

INTERVIEWER: it seems that Emma was expressing that its frustrating for you not being able to help someone

EMMA: men (I'm) being able to give him to word or give him what he's trying to say or can't remember and I don't know what he can't remember (the main thing (?) and I've got to try and go through her (her) my god how long have you (Herself) no I don't know (she) the other day he didn't say yes (she) I just know now that I'm planning because (she) I know (I)

HENRY: well

EMMA: and I know that he's planning to go to (whom) going to come and have a monopoly over you and here (a) (you)

HENRY: well there's been some doctors in that I have spoken to who have said (I (just said) oh dementia you can't drive then) you don't do you can't (just) to hear the word dementia and assume (and I put just a feeling of being being quoted (because you accent expect that dementia is that you can't) and I've had that when I've asked her (hers) but no (I'm not convinced of those doctors (I)) I (just) (and) (and) (doctor) (don't mean the unkindly) but (I) think about every decay whereas I think that others don't

EMMA: but that was other a year ago Henry (and you were in a big knee operation (and you were in a big knee operation) (and you had another accident and) then (and) you've been another accident and doctor (and) (and) yes to (year ago) and yes to the knee in fact (I've) I've had

EMMA: (had a knee replacement)

HENRY: I've played a lot of football and squash and I did things that I liked to read until now (and)
EMMA: My knees were not good. I think it was perhaps the wear and tear from playing squash and badminton. I was playing them regularly and that caused the problem.

INTERVIEWER: What would you say to someone who is considering surgery for knee replacement?

EMMA: I would advise them to consider all the options available, including physical therapy and other non-surgical treatments. Surgery is a serious procedure and should be considered carefully.

EMMA: I have a friend who had a knee replacement and she was very satisfied with the outcome. She was able to play golf again and enjoyed the freedom it brought.

INTERVIEWER: What advice would you give to someone who is newly diagnosed with a knee condition?

EMMA: It's important to maintain a positive attitude and to work with your medical team to develop a treatment plan that works for you. Exercise, physical therapy, and medication can all be effective in managing knee pain and improving mobility.

EMMA: I've heard that some people who have had knee replacements have been able to return to their previous levels of activity. However, it's important to remember that everyone's experience is different.

INTERVIEWER: How do you feel about your current level of activity compared to before the surgery?

EMMA: I feel much better now. I can walk longer distances and participate in activities that I couldn't do before. I'm grateful for the surgery and the relief it has provided.

EMMA: I still have some limitations, but I feel much better overall. I try to stay active and maintain a healthy lifestyle to support my knee condition.

INTERVIEWER: How do you feel about the future?

EMMA: I feel optimistic about the future. I believe that with good care and management, I can continue to enjoy my activities and live a fulfilling life.

EMMA: I'm looking forward to the future and the opportunities it will bring.
**INTERVIEWER:** mm because you've got a very deep loud voice (!) I imagined that's good for signing in a choir

**EMMA:** and now there's six of them (laughs)

**INTERVIEWER:** oh wow

**EMMA:** so she doesn't rely on Henry as much now

**HENRY:** but she doesn't rely on me now

**EMMA:** but she's a lovely chap from oh ... she's lovely

**HENRY:** he's a beautiful man (!) he's a lovely man (!) what's that thing you say (?) its at the end of his music and he sings ooh yeah! and he deep (!)

**INTERVIEWER:** (laughs) sounds a bit like Barry White

**EMMA:** I think he's deeper than that (!)

**HENRY:** so he just another guy which is totally different (!) as ar (!) as erm a Christian group (#) and ar (!) we sung for Christmas at ... (!)

**EMMA:** some happy people (;) they sing (?)

**HENRY:** anyone can go good or bad and (;) I tend to feel (?)

**EMMA:** happier there (;) do you (?)

**HENRY:** happy about it (!) I don't feel unhappy about the other one but (;) I'm um

**EMMA:** but he also goes to singing for the basics up on ... but its only here for twelve weeks (!) then it goes to (;) but they're coming back here (!)

**HENRY:** I think its better will (;

**INTERVIEWER:** what kind of songs do they sing (?)

**EMMA:** my old man's a director and all that

**HENRY:** they go back to the forties and fifties (?) I think you must be one of the younger (?) we'll think some of the ladies are younger than you (?)

**INTERVIEWER:** do you mind me asking how old you both are (?)

**HENRY:** I'm seventy four

**EMMA:** I'm seventy four

**INTERVIEWER:** ah okay (?) when did you first meet (?)

**HENRY:** we were seventeen and Emma was seventeen

**EMMA:** in nineteen fifty nine

**INTERVIEWER:** oh right

**HENRY:** I'm seventy we remember that all right don't (?)

**EMMA:** and we've been married nearly fifty four years

**INTERVIEWER:** so is fifty four years is that the golden (?)

**HENRY:** yes we've had our golden (?) we've had our golden (?)

**INTERVIEWER:** long time (?) do you mean (?)

**EMMA:** no (!) Henry's not a carly person we just had a celebration with family (?) in the garden because it was the summer time in July

**INTERVIEWER:** and do you have any children (?)

**HENRY:** two (?) one is (?) I guess she's a lot older than you actually

**EMMA:** a lot older (!) correct

**HENRY:** she's fifty two isn't she (?)

**EMMA:** next year

**HENRY:** and the other one is (?) forty eight

**INTERVIEWER:** do they have children themselves (?)

**HENRY:** will the eldest one has got two (?)

**EMMA:** eight (!) pride in young family achievement

**INTERVIEWER:** oh wow

**HENRY:** and our other daughter has got two sons and our daughters (?) so we've got six (!) of them in total (?) they range from nineteen to thirty

**INTERVIEWER:** and did you see your family regularly or (?)

**EMMA:** well not as much as we'd like to no (?) but that's just because were getting old

**HENRY:** was its more because of the car isn't it (?)

**EMMA:** well yes I suppose as we've always been the ones to go and see them (?) but I haven't passed her test yet

**HENRY:** but she will be soon

**EMMA:** but she will be soon

**HENRY:** and our grandson actually lives with us at the moment (?)
INTERVIEWER: oh lives with you ( )
HENRY: yeah we'd like to get rid of him but we can't (laughs)
EMMA: (laughs) no but I think he might be going this year because he's got a very nice
girlfriend.
HENRY: we don't want him to go but ( )
EMMA: but he's got a very very nice girlfriend and so I think they would be looking into
moving in together very very soon ( ) which would be a ( ) don't know ( ) a big wrench for me
( ) although he ( ) he causes me a lot of work washing up ( ) but no he is he's a lovely little
HENRY: I think ( ) when you get older ( ) um ( ) you recognise difficulties along the way
that youngsters don't necessarily do ( ) and you know it does create a certain worry in your mind
you know
EMMA: I think ( ) is very considerate towards you isn't he ( )
HENRY: Oh yes he is ( ) he certainly is ( )
EMMA: I mean he's been away on holiday and he's phoned us three times since Christmas
eve ( ) say you're supposed to be enjoying yourself ( ) and worrying about us ( )
INTERVIEWER: he's quite close to you guys then
EMMA: yes we see him as the first grandchild ( ) he lived with us nearly ( ) six years ( )
HENRY: he'll be middle ages soon won't he ( )
EMMA: he's more like a son to me ( )
HENRY: I think a lot of people who don't necessarily know us all that well think he's a son ( )
INTERVIEWER: oh right
EMMA: well when you were younger we took them both to France to see some of the air craft
bases because they were both air cadets and I think a lot of the people on the coach thought
they were our children ( ) (laughs)
HENRY: we had had ( ) one situation on the coach ( ) where ( ) you were sitting there and ( )
gone to the toilet and the ( ) the comer ( )
EMMA: ( the corner)
HENRY: the comer got up ( ) sat next to ( ) and put his arm round ( ) and ( ) who
was the youngest of the two got very cross and said ( )
EMMA: ( that's my mum ( ) don't you
HENRY: (and he meant it because he was a big lad ( ) he was eighteen a few years ago
EMMA: we said to him it's all right ( ) he's only hut ( ) (laughs)
HENRY: but there we are
INTERVIEWER: (laughs) and I know you said earlier that you took care of the cooking and
the washing a thingy like that and through your life it seems as though you've taken a
maternal role
EMMA: yes I'd say so ( ) I did go back to work for a short time when ( ) wasn't first born didn't I ( )
but then someone else took over so I was disposed of
HENRY: well we weren't extravagant we've got a very nice house and we've saved ourselves
( ) our parents never had any money
EMMA: yes our parents never had any money you'd say
HENRY: well
EMMA: we've never been lavish we've had nice holidays with the grandchildren and that
but we've never flogged out on expensive hotels we've been to France
HENRY: I mean we could have had a ( ) fancy car and things like that but we didn't want
you to have to work
EMMA: but no we've always been there for you and the grandchildren ( ) never ( ) you never
had to come home and start cooking have you ( )
HENRY: no
EMMA: I've often said he wouldn't do where the vacuum is ( ) (laughs)
INTERVIEWER: (laughs)
HENRY: it lives in my little work shop
EMMA: no it doesn't
HENRY: well it does sometimes
INTERVIEWER: what's your workshop ( )
HENRY: well we've got five bedrooms and we've got one that's half the size and I use that as
my den ( )
EMMA: ( that's his den ( )
INTERVIEWER: Oh okay ( )
HENRY: Yeah
EMMA: it's not a workshop as such he doesn't do anything in there it's just that's
INTERVIEWER: ( that's his space
HENRY: yeah yeah
EMMA: I only go in there when I can't bare anymore the look of all the dust everywhere
( ) and I leave the vacuum there so I can do it in a flurry or a quick moment if I get
chance ( )
INTERVIEWER: ( laughs) and what did you do Henry for your job ( )
HENRY: my job ( ) was in a arm ( ) personnel manager ( )
EMMA: you were a personnel officer for the council weren't you ( )
INTERVIEWER: for the council
HENRY: then I () then I went to (...) and I was the personnel manager there () which was good and bad coz I had nearly forty people working for me () and arm () I never got out of my office and I thought () this is just () so so () you know like going out and I never thought I'd be stuck in the office ()

EMMA: I don't know if that's what you did (...) () (I) was the personnel manager but it was (...) what I called it (I) can't think

HENRY: yeah I can't remember where the () but it was a role for working with people who were having problems at work and I've have to go ...

EMMA: go and sort them out ()

HENRY: try to sort them out ()

EMMA: but he used to get phone calls at ten o'clock at night didn't you (?)

INTERVIEWER: wow lot of responsibility that doesn't quite switch off when you get home

HENRY: well we were on holiday () and this one man in particular --

EMMA: [keeping ringing you didn't he (?)]

HENRY: yes it in the end and I went to the boss and said --

EMMA: he was wrong wasn't he (?)

HENRY: yes they didn't call in a man because they wanted to be po Lucas () and then -- what was I going to say (?)

EMMA: you wanted to say that you said you didn't want the phone to ring () but when Emma was seventeen she had a place at art university but he didn't take the place he decided he was going to get married for when he was aged thirty she took his degree

HENRY: one of the problems with that is I wanted to () to teach () but they insisted on me going a forth year and thought I'm going to be twenty four by the time the time and we wanted to get married didn't we (?) so did it later part time didn't I (?)

EMMA: he was personnel officer at (...) which was you know quite a big job () and then he'd come home every evening till about two in the morning studying ()

INTERVIEWER: now

EMMA: anyway he got the degree () it was something he'd always wanted to do () and he did it

INTERVIEWER: it's a real challenge doing it at that point in your life () with family () commitments and a job

HENRY: it's not a good idea really () I couldn't sit in an arm chair and watch the television because it would be () a waste of time () and arm

EMMA: but you did it (?)

INTERVIEWER: yeah () I um () know the feeling (laughs)

HENRY: (laughs)

EMMA: (laughs)

INTERVIEWER: and um did you do teaching in the end (?)

HENRY: um I did for a () for a short time ()

INTERVIEWER: ok okay

HENRY: but um () I hadn't got the job at that time-

EMMA: (and that was when you were nineteen () sorry

HENRY: but I haven't got the degree for it I'd have to go back and do another year-

EMMA: but Henry had to give up his dynamic job because of his health problem and then you went and ()

HENRY: (sigh)

EMMA: and um () and worked at (...) with the mentally handicapped for about five ears ()

HENRY: yes I did that didn't I () yes for about five years

EMMA: and he said that that was the most rewarding job he ever ever had

HENRY: I was lucky in that when I was fifty odd () that I knew I was able to leave that job () if I could get a () oh what if you call it (?) () um () when you retired () what do you call it (?)

EMMA: pension

HENRY: yes () pension () I know I could get my pension () cos I was in my fifties and um so () and my pension was almost half my earnings but with the extra work I could earn the same money that I earn before

EMMA: well we've talked about it hasn't we (?) we'd have to pull our belts in () but I was ill () he couldn't handle it with his good () job could you (?) and I mean he was very happy there weren't you ()

HENRY: oh yes yeah ()

EMMA: very hard wasn't it () very hard () he could even go to the toilet without someone coming to look after the children ()

HENRY: oh no yes () I couldn't do that now because now I have to run to the toilet

EMMA: (laughs)

INTERVIEWER: it seems that within your life you had quite traditional roles ()

EMMA: Henry was the provider ()

INTERVIEWER: and I know what that is somewhat change in generations now () and I just wondered um was that something that you thought about ever or was difficult or was it just the norm (?)

EMMA: I think it was -- you see what you think ()

HENRY: um I wouldn't have been happy if Emma had to work because she probably have hard to have worked twice as hard as I would have worked

INTERVIEWER: why's that (?)

EMMA: (laughs)
HENRY: well you knew ( ) you go to work ( ) and then if Emmi's doing the cooking ( ) I would do it a bit slap dash ( ) and no I just ( ) I just didn't want her to have to work ( )

EMMA: when we went to buy the house ( ) you could only get a mortgage on the husband's wage they wouldn't take the girls wage into consideration ( )

INTERVIEWER: oh right ( )

EMMA: so ( ) it was ( ) always me being at home ( )

HENRY: we're not always but ( )

EMMA: I always used to ( ) I always used to work in play schools and I liked that ( ) that was just a little bit of extra money just for me ( ) but that didn't really interfere with anything because it was just the mornings ( ) but no er ( ) I feel sorry for the youngsters ( ) when the girl has to go to work ( ) I mean we've got a lot of girls down our road and they're all lovely but all the girls have to work ( )

HENRY: terrible thing really ( ) but when when ( ) they decided that they had to go to work then that ( ) was automatically put in with the men and instead of helping the women the the goal of the house or the mortgage just shot up ( ) so nothing was gained ( ) which is dreadful really

EMMA: but no I feel sorry for youngsters today ( )

INTERVIEWER: mmm mmm (coughe) and I and arr I just wondered how old you were when you left school ( )

EMMA: I was sixteen and I went to work in a bank ( ) you did leave school at sixteen didn't you ( ) then but you went back again ( ) (laughs) didn't you work in a cycle place for a few months ( )

HENRY: I worked there during my holiday's and then I went back ( ) I couldn't decide whether to carry on or not ( ) but then I went back to school if you like and I left when I was eighteen of nineteen ( )

EMMA: and t he was teaching fifteen year olds as a student teacher (laughs)

HENRY: when I was nineteen um ( ) you could teach for two years ( ) which you um ( ) can't do now ( ) and um I was sorry that I gave that up ( ) but anyway

EMMA: but that was tough wasn't it ( ) teaching ( ) terrible area you were teaching in ( )

INTERVIEWER: where are you both from ( )

HENRY: not that I remember but I was a cockney boy but only as a baby ( ) then in the war my mum took me in several places ( ) up and down the country ( ) but for some reason she decided to come back and we had several bombs around us ( ) we were probably too ( ) I was certainly too young to understand

INTERVIEWER: and I guess you both went through the period after the war and the effects that it had ( )

EMMA: yes but people seemed to be so much happier ( ) they did want everything did they ( ) you know the television that wasn't on you getting the beat and the other ( )

HENRY: well I've got a sixteen year old car ( ) and um ( )

EMMA: well you've had it from new haven you ( )