Interactive effects of warming and microplastics on metabolism but not feeding rates of a key freshwater detritivore

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### 21 ABSTRACT

Microplastics are an emerging pollutant of high concern, with their prevalence in the 22 environment linked to adverse impacts on aquatic organisms. However, our knowledge of 23 24 these impacts on freshwater species is rudimentary, and there is almost no research directly testing how these effects can change under ongoing and future climate warming. Given the 25 potential for multiple stressors to interact in nature, research on the combined impacts of 26 microplastics and environmental temperature requires urgent attention. Thus, we 27 experimentally manipulated environmentally realistic concentrations of microplastics and 28 29 temperature to partition their independent and combined impacts on metabolic and feeding rates of a model freshwater detritivore. There was a significant increase in metabolic and 30 feeding rates with increasing body mass and temperature, in line with metabolic and foraging 31 32 theory. Experimental warming altered the effect of microplastics on metabolic rate, which increased with microplastic concentration at the lowest temperature, but decreased at the 33 higher temperatures. The microplastics had no effect on the amount of litter consumed by the 34 35 detritivores, therefore, did not result in altered feeding rates. These results show that the metabolism of important freshwater detritivores could be altered by short-term exposure to 36 microplastics, with greater inhibition of metabolic rates at higher temperatures. The 37 consequences of these metabolic changes may take longer to manifest than the duration of 38 39 our experiments, requiring further investigation. Our results suggest little short-term impact 40 of microplastics on litter breakdown by gammarid amphipods and highlight the importance of environmental context for a better understanding of microplastic pollution in freshwater 41 ecosystems. 42

43

Keywords: Climate warming, leaf litter breakdown, multiple stressors, oxygen consumption,
pollution, shredder.

### 46 **RESULTS SUMMARY:**

- 47 Warming alters the effect of microplastics on metabolic rates. Increased microplastic
- 48 concentrations only inhibited metabolism at the highest temperatures.

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### 49 1. INTRODUCTION

50 Human societies rely on freshwaters for vital ecosystem services, including food and water provision, climate regulation, and recreation (MEA, 2005). With the human population 51 projected to reach 8.4 – 10.9 billion by 2050, demand on these ecosystem services will 52 further increase (Hall, 2015). Freshwater ecosystems are also faced with unprecedented 53 environmental changes, such as climate warming (IPCC, 2014) and pollution (MEA, 2005; 54 55 Dudgeon et al., 2006). Given the prevalence of anthropogenic development near these ecosystems, freshwaters are particularly susceptible to the combination of these global and 56 57 local environmental pressures (Dudgeon et al., 2006; Ormerod et al., 2010).

Plastics have become an integral part of modern life since the 1950s, resulting in a 58 global demand of 348 million tonnes in 2017 (Plastics Europe, 2018). The increasing rate of 59 plastic production combined with dispersal from landfills, sewer overflow, and agricultural 60 runoff have resulted in unprecedented amounts of this material in the environment (Dris et 61 al., 2015; Browne et al., 2011). Plastic pollutants are categorised into three size classes: 62 macro- (>5 mm), micro- (1  $\mu$ m – 5 mm), and nano- (<1  $\mu$ m) plastics. Microplastics can result 63 from the fragmentation of macroplastics through abrasion, wave action, collisions, saltation, 64 and traction (Dris et al., 2015), or can be produced in micro sizes (Fendall and Sewell, 2009). 65 Due to the varying densities of plastic polymers, microplastics are located throughout the 66 water column from surface to sediment making them easily ingestible by species of variable 67 sizes and feeding modes (Wright et al., 2013). Although microplastics have been detected in 68 over 200 species (Teuten et al., 2007) most research efforts have focused on their impacts in 69 marine environments, and our understanding of the biological effects of microplastics on 70 freshwater species remains rudimentary (Dris et al., 2015; Horton et al., 2017). 71

Microplastics have been shown to reduce feeding rates in shore crabs (*Carcinus maenas*; Watts et al., 2015), Asian green mussels (*Perna viridis*; Rist et al., 2016), copepods

74 (Calanus helgolandicus; Cole et al., 2015), and water fleas (Daphnia magna; Ogonowski, Schür et al., 2016). The most likely mechanism is a physical blockage of the gut passage or 75 behavioural avoidance of non-nutritious food contaminated by microplastic particles (Wright 76 et al., 2013; Cole et al., 2015; Galloway et al., 2017). Such sub-lethal effects may be 77 contingent on the taxonomic group, since feeding rates were unaffected or enhanced by 78 microplastics in Pacific oysters (Crassostrea gigas; Cole and Galloway, 2015, Sussarellu et 79 al., 2016), freshwater amphipods (Gammarus fossarum; Blarer and Burkhardt-Holm, 2016), 80 and marine isopods (Idotea emarginata; Hämer et al., 2014). Microplastics can also 81 negatively affect metabolic rates due to impairment of oxygen uptake (Rist et al., 2016) or 82 altered enzyme activity (Wen et al., 2018), although variable effects have been reported (Cole 83 84 et al., 2015; Green 2016; Green et al., 2016). Changes in energy demand (metabolism) and 85 energy intake (feeding) could ultimately alter community structure and ecosystem function (Ward et al., 2016). Whilst it is important to understand the impacts of microplastics under 86 realistic environmental conditions, most of the studies to date have used microplastic 87 88 exposures between two and seven orders of magnitude higher than any concentration found in natural ecosystems (Lenz et al., 016). Therefore, our understanding of the effects from 89 environmentally realistic microplastic exposures remains limited (Horton et al., 2017). 90

91 Ecological communities are also under increasing pressure from global warming, with a doubling in the frequency of heatwaves over the past 40 years (Fröhlicher et al., 2018) and 92 a projected increase in mean annual temperature of at least 1.5 °C by the end of the century 93 (IPCC, 2014). Increasing temperature places a fundamental biological constraint on 94 metabolic and cellular processes of all ectothermic organisms (Gillooly et al., 2001; 95 Ohlberger 2013). Warming increases metabolic rate up to the thermal optimum of an 96 organism, which can increase individual feeding rates and alter consumer-resource 97 interactions (Brown et al., 2004; Rall et al., 2012; Ohlberger 2013). Temperature is also 98

99 likely to interact with other stressors to either compound or mitigate their effects on ecological communities (Crain et al., 2008; Kratina et al., 012; Piggott et al., 2015). Since 100 environmental temperature and microplastic pollution generally have the opposite effects on 101 metabolism and feeding, the combined effect of these two stressors is likely to be 102 antagonistic (i.e. less then the sum of the individual impacts). However, only two studies 103 have analysed the combined effects of warming and microplastics on feeding rates (of 104 common gobies) and found no significant interaction between the stressors (Ferreira et al., 105 2016; Fonte et al., 2016). Despite the increasing importance of both stressors, there is lack of 106 research about the interactive effects of warming and microplastics on metabolic rates (but 107 see Wen et al., 2018). This uncertainty about the potential for environmental temperature to 108 modify the impact of microplastics requires urgent attention if we are to fully understand the 109 current and future risks of microplastic pollution and successfully manage freshwater 110 ecosystems. 111

To address this critical gap in microplastic research, we experimentally tested the independent and combined impacts of microplastics and warming on the energy demand (metabolism) and energy intake (feeding) of an important and widely distributed freshwater detritivore – the amphipod, *Gammarus pulex*. We hypothesised that there would be: (1) an increase in metabolic and feeding rates with increasing temperature; (2) a reduction in metabolic and feeding rates with increasing microplastic concentration; and (3) weaker effects of microplastics on metabolic and feeding rates at higher temperatures.

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### 120 2. MATERIALS AND METHODS

### 121 2.1. Model species collection and maintenance

122 *Gammarus pulex* is a ubiquitous benthic shredder in European running waters that breaks123 down coarse particulate organic matter, channelling the associated energy to predators such

124 as fish. By converting terrestrial litter inputs into the fine particulate and dissolved organic matter, these shredders also convey these resources to other invertebrates, especially in 125 upland streams (Wallace and Webster 1996). The species is commonly used as a model 126 organism for assessing the effects of pollutants under laboratory conditions (Miller et al., 127 2016; Henry et al., 2017; Weber et al., 2018). We collected approximately 400 G. pulex by 128 kick sampling the River Cray (Bexley, South-East London, UK, 51°25'59.0" N 0°08'16.4" E) 129 in summer 2017. These amphipods were stored in a temperature-controlled room (15 °C, 130 12h:12h light:dark photoperiod) in two aerated glass aquaria (45 x 25 x 30 cm), each 131 containing 5 L of river water. They were visually inspected, removing any individuals that 132 were smaller than 1cm, bearing eggs, or infected with Acanthocephalan parasites, which can 133 alter amphipod behaviour (Tain et al., 2006; Labaude et al., 2015). The remaining individuals 134 were rinsed with synthetic freshwater (SFW) and transferred to a new glass aquarium with 5 135 L of aerated SFW in the same temperature- and light-controlled room for acclimatisation, for 136 a minimum of 7 days prior to any experimentation. The SFW used for stock maintenance and 137 experimentation was prepared according to the US Environmental Protection Agency 138 (Weber, 1991), from 1.92 g of NaHCO<sub>3</sub>, 1.2 g MgSO<sub>4</sub>, 1.2 g CaSO<sub>4</sub>, and 0.08 g of KCl 139 dissolved in 20 L of deionised water. The same protocol was used to house G. pulex in 140 several other toxicological studies (Miller et al., 2016; Henry et al., 2017). During this 141 maintenance phase, G. pulex were fed ad libitum with alder-leaves (Alnus glutinosa) and 142 143 coarse pebbles were provided for shelter.

Prior to all experiments, *G. pulex* were moved in groups of six into smaller glass microcosms with 200 mL of aerated SFW, for one-week acclimation. They were fed *ad libitum* with alder leaf disks. These amphipods were transferred from the 15 °C room to temperature-controlled incubators (Stuart SI500, Orbital), where the temperature was changed gradually (+ or -1 °C h<sup>-1</sup>) until the three targeted experimental temperatures were

149 reached (9, 15, and 19 °C). This range of temperatures is commonly experienced by amphipods in UK rivers over their annual life cycle, while maximum temperatures are 150 expected to increase in magnitude and frequency under future climate change scenarios 151 (Hannah and Garner, 2015). Wild populations of G. pulex are known to adapt to changes of 6 152 °C per day (Maazouzi et al., 2011), making the gradual change in temperature within the 153 tolerance limits of the species. Amphipods remained at the experimental temperature for 1.5 154 days before being starved for 24 hours to ensure a standardised satiation level among all 155 individuals. During this time, SFW was changed daily to ensure dissolved oxygen levels were 156

157 sufficient and did not exert any additional stress on the amphipods.

158

# 159 2.2. Microplastics exposure

For microplastics exposure, we used commercially produced polymethyl methacrylate 160 (PMMA) spheres with a diameter of 40.2 µm (Spherotech: FPMA-40056-5, lot number 501), 161 which is within the size range of plastic that can be ingested and egested by G. pulex (Imhof 162 et al., 2013). These transparent PMMA spheres have a density  $(1.19 \text{ g cm}^{-3})$  greater than that 163 of water, allowing them to sink through the water column to the substratum where they 164 become biologically available for amphipods feeding on leaf litter. PMMA is a common 165 microplastic used in personal care and cosmetic products along with polyethylene, nylon, 166 polypropylene, and polyethylene terephthalate. Other uses include facial fillers, patio roofs, 167 conservatories, light guide panels for LCD display screens, lenses for mobile phones, touch 168 screens, street lighting, and many uses within the automobile industry (Plastics Europe, 169 2018). We used glass material for handling, storage, and exposure experiments to minimise 170 contamination and loss of particles due to adhesion onto plastic materials. 171

We searched empirical literature reporting sediment microplastic concentrations infreshwater ecosystems to identify realistic concentrations for use in our experiments. We

found that natural concentrations ranged between 0 and 51.70 microplastic particles cm<sup>-2</sup> 174 (Zbyszewski et al., 2014; Hurley et al., 2018). Our experimental design included this range 175 and also double the maximum natural concentration reported in the literature, to simulate 176 both present and potential future effects (de Sá et al., 2018). For all exposure experiments, 177 experimental glass microcosms were filled with 200 mL of aerated SFW, then one leaf disk 178 of known weight was placed at the bottom of each microcosm. Because we carefully 179 measured the experimental concentrations of PMMA beads and introduced them into the 180 glass microcosms, these represent accurate microplastic concentrations in the experimental 181 environment (i.e. media). After the introduction, we briefly stirred the solution and the 182 microcosms were left to rest for one hour to allow all PMMA spheres to sink. This resulted in 183 a relatively equal distribution of microplastics across the bottom of each microcosm, 184 simulating different intensities of microplastic pollution. A single starved amphipod was 185 introduced into each of the microcosms to initiate the experiment. Finally, lids were placed 186 on all microcosms to prevent water loss and contamination. 187

188

# 189 2.3. Quantifying metabolic rates

We measured respiration rates as a proxy for metabolic rate, following a similar protocol to 190 Broderson et al. (2008). Oxygen consumption rates of amphipods were measured following 191 24 hours of exposure to experimental microplastics concentrations (0.52, 26.12, and 104.48 192  $cm^{-2}$ ) plus a control (0 cm<sup>-2</sup>) at each of three experimental temperatures (9, 15, and 19 °C). 193 For each treatment combination, we measured respiration rates of 3-5 individuals, for a total 194 of 43 measurements. Individual amphipods were transferred to SFW-filled 2 mL glass 195 chambers fitted with a magnetic stirrer to prevent stratification, which was separated from the 196 organism by a mesh screen. Oxygen concentration was measured every second during three 197 periods of 10-15 seconds each using an oxygen microelectrode (MicroResp, Unisense, 198

199 Denmark) fitted through a capillary in the gas-tight stopper of each chamber. An animal-free chamber containing only SFW, a magnetic stirrer, and a mesh screen was used to measure the 200 background oxygen consumption or production by microbes or autotrophs present in the 201 experimental water. Metabolic rates ( $\mu$ mol O<sub>2</sub> h<sup>-1</sup>) were calculated from the least squares 202 linear regression fitted through all data points measured in each chamber, corrected for 203 background rates in the animal-free chamber and slight differences in chamber volumes. 204 After each experiment, amphipods were preserved in 1 mL of 70% ethanol and their body 205 length was measured from the rostrum to the base of the telson. Length was converted into 206 dry body weight using an established length-weight relationship for G. pulex from Gee 207 (1988):  $y = 0.0058x^{3.015}$ , where y is body mass in mg and x is body length in mm. 208

209

# 210 2.4. Quantifying feeding rates

For the feeding rate experiments, we exposed amphipods to ten concentrations of 211 microplastics (0.05, 0.26, 0.52, 2.61, 5.22, 15.67, 26.12, 36.57, 52.24, 104.48 cm<sup>-2</sup>) plus a 212 control (0 cm<sup>-2</sup>) at each of three experimental temperatures (9, 15, and 19 °C). There were 3-7 213 replicates of each treatment combination, each containing one individual amphipod. Note that 214 feeding trials, where amphipods shed their skin or died, were not included in the analysis. 215 Amphipods were offered a leaf disk as a food source. To standardize leaf biomass across all 216 experimental treatment combinations, whole alder leaves were soaked in SFW for 10 minutes 217 before 15mm leaf disks were cut out, using a cork borer, avoiding the main vein. Leaf disks 218 were rinsed of any residual silt or substrate, wrapped individually in foil and dried at 60 °C 219 for 24 hours before being weighed on an ultra-micro balance to the nearest 0.01 mg (UMX2, 220 Switzerland). Leaf disks were then re-soaked for two days prior to experimental exposures, to 221 prevent them floating to the surface during experiments and ensuring their availability to the 222 amphipods. We also established seven animal-free microcosms at each temperature, 223

224 containing only a leaf disk of a known weight and 200 mL of SFW, to account for microbial decomposition. After 24 hours of experimental exposure, amphipods were preserved in 1 mL 225 of 70% ethanol and their body mass was estimated, as for the respiration experiments. All 226 227 leaf disks were collected, thoroughly rinsed to remove any microplastics or faeces, wrapped individually in foil, dried at 60 °C for 23 hours, and then weighed on an ultra-micro balance 228 to the nearest 0.01mg (UMX2, Switzerland). Feeding rate was defined as the amount of 229 ingested leaf mass per day (i.e. the initial minus final dry weight of the leaf disks), corrected 230 for microbial decomposition (*i.e.* subtracting the mean loss of leaf dry weight in the animal-231 232 free microcosms at the corresponding temperature).

233

## 234 2.5. Statistical analyses

Our response variables (*R*), metabolic rate ( $\mu$ mol O<sub>2</sub> h<sup>-1</sup>) and feeding rate (mg day<sup>-1</sup>), depend on both temperature and body mass according to the Metabolic Theory of Ecology (Brown et al., 2004) and a meta-analysis of feeding experiments (Rall *et al.*, 2012) as follows:

238 
$$R = R_0 M^{b_R} e^{\frac{E_R \frac{T_R - T_0}{kT_R T_0}}{kT_R T_0}}$$
(1)

Here,  $R_0$  is the metabolic or feeding rate at  $T_0$ , M is dry body mass (mg),  $b_R$  is an allometric exponent,  $E_R$  is the activation energy of the biochemical reactions underpinning R (eV), k is the Boltzmann constant (8.618 × 10<sup>-5</sup> eV K<sup>-1</sup>),  $T_R$  is the absolute experimental temperature (K), and  $T_0$  is 287.15 K (*i.e.* 14 °C, the midpoint of the range of temperatures used in the experiments). We performed a multiple linear regression on the natural logarithm of Equation 1, exploring the main effects of temperature and body mass on metabolic or feeding rate. We then mass-corrected the response variables by dividing metabolic or feeding rate by  $M^{bR}$ .

To determine the effect of microplastics on our mass-corrected response variables ( $R_M$ ), we first calculated the change in metabolic or feeding rate ( $\Delta R_M$ ) relative to the microplastic-free control treatment. We subtracted the mean mass-corrected metabolic or

249 feeding rate in the control at each temperature from the individual replicate measurements containing microplastics at the corresponding temperature. A positive value of  $\Delta R_M$  indicates 250 an increase, while a negative value of  $\Delta R_M$  indicates a decrease in metabolic or feeding rate. 251 We performed a multiple linear regression exploring the main and interactive effects of 252 temperature and microplastic concentration on  $\Delta R_M$ . Here, a significant intercept or main 253 effect of microplastic concentration would mean that microplastics changed the response 254 variable, irrespective or depending on the concentration, respectively. A significant main 255 effect of temperature or interactive effect of microplastic concentration and temperature 256 257 would mean that temperature altered the effect of microplastics on the response variable, irrespective or depending on the concentration, respectively. All statistical analyses were 258 carried out in R 3.5.1. 259

260

### 261 **3. RESULTS**

### 262 *3.1. Metabolic rates*

There was a significant log-linear increase in respiration rate with both body mass and 263 temperature ( $F_{2,40} = 10.64$ ; p = 0.001;  $r^2 = 0.31$ ; Table 1), supporting our first hypothesis. The 264 respiration rate of G. pulex increased with body mass with an allometric exponent of  $0.45 \pm$ 265 0.33 (mean  $\pm$  95% CI; Figure 1a) and with temperature with an activation energy of 0.23  $\pm$ 266 0.13 eV (mean  $\pm$  95% CI; Figure 1b). There was a significant main effect of microplastic 267 concentration on respiration rate (Table 2), with a reduction in respiration rate relative to the 268 control as microplastic concentration increased (Figure 1), supporting our second hypothesis. 269 There was also an interactive effect of temperature and microplastic concentration on the 270 change in respiration rate relative to the microplastic-free controls ( $F_{3,29} = 5.73$ ; p = 0.003;  $r^2$ 271 = 0.31; Table 2). Here, there was an increase in respiration rate relative to the controls at the 272 coolest temperature, but a decrease in respiration rate relative to the controls at both 15 and 273

19 °C as microplastic concentration increased (Figure 2). In contrast to our third hypothesis,
this suggests that higher temperatures strengthened the negative effect of microplastics on
respiration rates.

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**Table 1.** Parameter estimates with associated standard errors (SE), *t*-values, and *p*-values for the ln-linear models describing the main effects of body mass and temperature on metabolic and feeding rates of amphipods. Parameters correspond to those listed in Equation 1, where  $R_0$  is ln-metabolic rate or ln-feeding rate at  $T_0$ ,  $b_R$  is the allometric exponent, and  $E_R$  is the activation energy.

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Response variable	Parameter	Estimate	SE	<i>t</i> -value	<i>p</i> -value
Metabolic rate	$R_0$	-2.998	0.5141	-5.831	<0.001
	b <sub>R</sub>	0.4466	0.1677	2.663	0.011
	E <sub>R</sub>	0.2333	0.0682	3.423	0.001
Feeding rate	$R_o$	-2.800	0.9966	-2.809	0.006
	b <sub>R</sub>	0.7159	0.3493	2.049	0.043
	E <sub>R</sub>	0.5674	0.1240	4.578	<0.001



Figure 1. Body mass and temperature dependence of amphipod metabolic rates. Ln respiration rate increased significantly with both (a) body mass and (b) temperature (see Table 1). Note that the lines of best fit for the explanatory variables in panels (a) and (b) are shown after setting the other explanatory variable to its median value.





Figure 2. The interactive effect of experimental temperature and microplastic concentrations
on the change in amphipod metabolic rates relative to microplastic-free control (see Table 2).
The lines of best fit show the effect of microplastic concentration on the response variable at
each of the three temperatures.

295

### *3.2. Feeding rates*

There was a significant log-linear increase in feeding rate with both body mass and temperature ( $F_{2,120} = 11.89$ ; p < 0.001;  $r^2 = 0.15$ ; Table 1), supporting our first hypothesis. The feeding rate of *G. pulex* on leaf litter increased with body mass with an allometric exponent of  $0.72 \pm 0.70$  (mean  $\pm 95\%$  CI; Figure 3a) and with temperature with an activation energy of  $0.57 \pm 0.25$  eV (mean  $\pm 95\%$  CI; Figure 3b). There was no significant main effect of microplastic concentration, or interactive effect with temperature, on the change in feeding rate relative to the microplastic-free controls ( $F_{3,107} = 0.756$ ; p = 0.521; Table 2; Figure 4), in

304 contrast to our second and third hypotheses. Note that there were still no significant effects of 305 temperature or microplastic concentration on the change in feeding rate relative to the 306 microplastic-free controls after analysing only the subset of microplastic concentrations 307 corresponding to the respiration experiments ( $F_{3,35} = 0.117$ ; p = 0.949; Table 2).

308

Table 2. Parameter estimates with associated standard errors (SE), *t*-values, and *p*-values for the linear models describing the main and interactive effects of temperature (temp) and microplastic concentration (MPC) on mass-corrected metabolic and feeding rates of amphipods. Note that parameters and summary statistics are also shown for a subset of the feeding rate data with MPCs corresponding to those used in the respiration rate experiment.

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Response variable	Parameter	Estimate	SE	<i>t</i> -value	<i>p</i> -value
Metabolic rate	intercept	-1.95×10 <sup>-2</sup>	9.65×10⁻³	-2.017	0.053
	temp	1.49×10 <sup>-3</sup>	6.55×10⁻⁴	2.280	0.030
	MPC	4.17×10 <sup>-4</sup>	1.55×10⁻⁴	2.700	0.011
	temp:MPC	-3.90×10⁻⁵	1.11×10⁻⁵	-3.516	0.001
Feeding rate	Intercept	-1.86×10 <sup>-2</sup>	2.91×10 <sup>-2</sup>	-0.638	0.525
	temp	2.20×10⁻³	1.86×10⁻³	1.181	0.240
	MPC	-6.61×10 <sup>-7</sup>	6.82×10⁻⁴	-0.001	0.999
	temp:MPC	-7.09×10⁻ <sup>6</sup>	4.26×10 <sup>-5</sup>	-0.166	0.868
Fooding rate (auboat)	intercent	1 15.10-2	E 02.10-2	0.220	0.910
reeding rate (subset)	intercept	-1.15×10	$5.02 \times 10^{-3}$	-0.230	0.019
	temp	8.8/×10	3.14×10°	0.283	0.779
	MPC	-8.82×10⁵	7.99×10 <sup>-₄</sup>	-0.110	0.913
	temp:MPC	-7.43×10⁻ <sup>6</sup>	4.96×10⁻⁵	0.150	0.882



317

Figure 3. Body mass and temperature dependence of amphipod feeding rates. Ln feeding rate increased significantly with both (a) body mass and (b) temperature (see Table 1). Note that the lines of best fit for the explanatory variables in panels (a) and (b) are shown after setting the other explanatory variable to its median value.





Figure 4. Experimental warming and microplastic concentrations had no effect on the change in amphipod feeding rates relative to microplastic-free control (see Table 2). The lines of best fit show the effect of microplastic concentration on the response variable at each of the three temperatures.

328

### 329 4. DISCUSSION

This study demonstrates how environmental temperature can alter the impact of microplastics on the metabolism, though not feeding rate, of aquatic organisms. Both metabolic and feeding rates of *G. pulex* increased with temperature and body mass, as predicted by the Metabolic Theory of Ecology (Gillooly et al., 2001; Brown et al., 2004) and shown in a meta-analysis of functional response experiments (Rall et al., 2012). The activation energy of metabolic rate was much weaker than expected, with an upper 95% CI (0.36 eV) that did not fall within the expected range of 0.6–0.7 eV (based on the average of observed metabolic rates; Brown et

al., 2004). This may have been driven by metabolic rate levelling off at the highest temperature, with deviations from the Boltzmann-Arrhenius model accounting for a large amount of variability in the thermal sensitivity of biological rates (Pawar et al., 2016). This suggests that this population of *G. pulex* was approaching its thermal optimum for metabolic rate at 19 °C, with further warming likely to induce a decline in metabolic performance (Pawar et al., 2016).

There was a net negative effect of microplastics on metabolic rate, though not feeding 343 rate of G. pulex, offering only partial support for our second hypothesis. Suppression of 344 metabolic rates through exposure to microplastics has been described in other aquatic 345 organisms (Rist et al., 2016; Wen et al., 2018), highlighting the potential for these tiny 346 pollutants to impede physiological performance. Lower metabolism is likely to result in 347 reduced activity and thus a diminished rate of resource acquisition (Cloyed et al., 2019; 348 Brown et al., 2004). It is interesting then that the lower metabolic rates of G. pulex did not 349 translate into reduced feeding rates on their preferred leaf litter resources at higher 350 microplastic concentrations in the water. Lowered metabolic rates in response to thermal 351 acclimation also did not immediately lead to reduced feeding rates, suggesting either a 352 delayed response in the latter, or that feeding rate may be more directly influenced by the rate 353 of gastric digestion than oxygen consumption (Wallace 1973). There was also no change in 354 the feeding rate of G. pulex, or its congeneric G. fossarum, after exposure to microplastics, 355 despite the use of much higher concentrations than in this study (Blarer and Burkhardt-Holm 356 2016; Weber et al., 2018). While Straub et al., (2017) found an initial depression of feeding 357 rates of G. fossarum after one-week exposure to polyhydroxybutyrate and PMMA (333 358 particles  $mL^{-1}$ ), this effect disappeared by the second week of their experiment. This 359 evidence generally points to weak short-term effects of microplastics (i.e. <1 week exposure) 360

on leaf litter breakdown rates in gammarid amphipods, whereas the impacts of sustained
 microplastic exposure (i.e. weeks to months) remain a promising avenue for further research.

Interestingly, the effect of microplastics on the metabolic rate of our model freshwater 363 detritivore was contingent on environmental temperature. In contrast to our expectations, the 364 reduction in metabolic rate with increasing microplastic concentration only occurred at the 365 highest temperatures in our experiment, with a positive effect of microplastic concentration 366 on metabolic rate at the coolest temperature. Increased metabolic rates in response to high 367 concentrations of microplastics have also been described for the lugworm, Arenicola marina 368 (Green et al., 2016) and European flat oyster, Ostrea edulis (Green 2016). Note that an 369 increased metabolic rate does not necessarily equate to increased performance and may 370 reflect more rapid breathing due to impaired respiratory function (Hebel et al., 1997). 371 Nevertheless, the mean effect of microplastics on metabolic rate at the coolest temperature 372 was zero, i.e. there was very little change relative to the microplastic-free control (Figure 2). 373 Thus, the negative effects of microplastic concentration on metabolic rate were only 374 375 manifested at the higher temperatures, highlighting the potential for climate change or even seasonal fluctuations in environmental temperature to alter microplastic effects on organismal 376 physiology. Warming has been shown to increase the accumulation of microplastics in fish, 377 affecting metabolic enzyme activity, which hints at a potential mechanism underpinning the 378 changes observed here (Wen et al., 2018). A more detailed mechanistic understanding of the 379 physiological processes underpinning altered metabolic rates in response to multiple 380 environmental stressors is now required (Jackson et al., 2016). 381

To date, the only other research testing the impacts of microplastics in the context of environmental warming focused on juvenile marine fish – the common goby, *Pomatoschistus microps*. This work showed that experimental warming (from 20 to 25 °C) did not alter the effects of microplastics on feeding rates or fish health (Ferreira et al., 2016; Fonte et al.,

2016). In the current study, there were also no interactive effects of microplastics and warming on feeding rates despite the ample evidence that climate warming readily interacts with other environmental stressors (Kratina et al., 2012; Piggott et al., 2015; Jackson et al., 2016). It is possible that the feeding behaviour of freshwater amphipods is robust to microplastic pollution. Alternatively, the lack of feeding responses could be due to high variation in individual feeding rates (Scherer et al., 2017) or the short-term duration of experiments, allowing insufficient time for the effects to manifest.

The diameter (40.2 µm) of the PMMA particles used for both the feeding and 393 metabolism experiments was in line with the typical size of microplastics (10-90  $\mu$ m) that G. 394 *pulex* tend to ingest (Scherer et al., 2017). Larger microplastic particles are likely to be 395 encountered more often by benthic detritivores, due to their heavier weight and rapid sinking 396 rates. Although we were not able to quantify ingested PMMA particles in the guts of G. 397 *pulex*, our preliminary exposures indicate that these particles are being ingested. It is likely 398 that the physical presence of non-nutritious microplastic particles in place of food, can lead to 399 longer gut passage times (Wright et al., 2013) and adverse biological impacts (Galloway et 400 al., 2017). A reduction in metabolism due to a combination of warming and high 401 concentration of microplastics could further reduce the amount of energy assimilated for 402 individual and population growth rates. Two recent studies have shown that energy 403 assimilation decreased in G. fossarum, when exposed to microplastics (Blarer and Burkhardt-404 Holm, 2016; Straub et al., 2017). The changes in respiration rates seen here could help to 405 explain such findings. 406

The range of microplastic concentrations used in this study covers environmentally relevant concentrations and double the highest concentration that has currently been reported in aquatic sediments. With microplastic concentrations in aquatic ecosystems likely to increase over time, simulating a range of microplastic exposures in experiments enhances our

understanding of both present and potential future effects (de Sá et al., 2018). Our results 411 indicate that negative physiological responses of freshwater shredders to microplastics may 412 become common in the future warmer world, but changes to leaf litter decomposition by 413 amphipods are likely to be weak. These findings are vital for assessing the risk of 414 microplastic damage in freshwater ecosystems, but effects observed at higher concentrations 415 should be interpreted with caution. Future work should seek to replicate the environmentally 416 relevant microplastic exposures used in this study, and further investigate the consequences 417 of changes in respiration rates on populations, trophic interactions, and the structure and 418 dynamics of aquatic ecosystems. Such improved mechanistic understanding of microplastic 419 pollution is essential if we are to mitigate the risk and successfully manage freshwater 420 ecosystems under climate warming. 421

422

423 **Declarations of interest** 

424 None.

425

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431

### 432 Data accessibility

433 Data will be archived in the public archive Dryad (*http://datadryad.org*).

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- Metabolic and feeding rates of model detritivores increase with both body mass and temperature

- Microplastics pollution reduces metabolic rates but not feeding rates

- Experimental warming alters the effect of microplastics on metabolic rates
- Increased microplastics concentrations enhance metabolism at the coolest

temperature, but inhibit metabolism at the highest temperatures

### **Declaration of interests**

 $\Box$  The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper. NONE

□The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

Declarations of interest: none

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