

Social Psychological Bulletin

Psychologia Społeczna

Social Psychological Bulletin Special Topic on Psychosocial Functioning During the COVID-19 Pandemic

Katarzyna Cantarero ab, Olga Białobrzeskac, Wijnand A. P. van Tilburg b

[a] Social Behavior Research Center, Wroclaw Faculty of Psychology, SWPS University of Social Sciences and Humanities, Wroclaw, Poland. [b] Department of Psychology, University of Essex, Colchester, United Kingdom. [c] Faculty of Psychology, SWPS University of Social Sciences and Humanities, Warsaw, Poland.

Social Psychological Bulletin, 2020, Vol. 15(4), Article e4683, https://doi.org/10.32872/spb.4683

Published (VoR): 2020-12-23



Corresponding Author: Katarzyna Cantarero, Wrocław Faculty of Psychology, SWPS University of Social Sciences and Humanities, ul. Aleksandra Ostrowskiego 30b, 50-505 Wrocław, Poland. E-mail: kcantarero@swps.edu.pl

Related: This article is part of the SPB Special Issue "Psychosocial Functioning During the COVID-19 Pandemic", Guest Editors: Katarzyna Cantarero, Olga Białobrzeska, & Wijnand A. P. van Tilburg, Social Psychological Bulletin, 15(4), https://spb.psychopen.eu

The COVID-19 pandemic is undoubtedly an exceptional event in our lives. Few could believe that the entire world would go into a state of emergency with schools, workplaces and public places closed for months, and our daily personal and professional routines severely interrupted.

People's reactions to the pandemic have captured the fascination of psychologists. Psychologists initiated efforts to find solutions useful to the general public and policy makers, and the pandemic offers unique settings for testing and developing theory. Many of us have decided to conduct research to understand and explain people's behavior, attitudes and emotions during the COVID-19 outbreak, and to test theories in the novel context that it offers (e.g., Bavel et al., 2020; Brooks et al., 2020; Cantarero, Van Tilburg, & Smoktunowicz, 2020; Dolinski, Dolinska, Zmaczynska-Witek, Banach, & Kulesza, 2020; Torales, O'Higgins, Castaldelli-Maia, & Ventriglio, 2020).

As part of the Special Topic on the COVID-19 Pandemic at SPB, we invited submissions reporting research on psychosocial factors related to the coronavirus outbreak. The number of articles we received greatly exceeded our expectations. Thanks to thorough



and prompt work delivered by the reviewers, we were able to select articles for the Special Topic. These papers offer important insight on psychosocial functioning of individuals during the pandemic. Most of the articles that were chosen for this Special Topic focused on adopting measures to strengthen protective behaviors related to the pandemic. For example, Dohle, Wingen, and Schreiber (2020, this issue) show the importance of trust in science and trust in politics as a basis for the adoption of behavioral protective measures, such as good hand hygiene and social distancing. Results of the research conducted by Drążkowski, Trepanowski, Chwiłkowska, and Majewska (2020, this issue) indicate that self-persuasion may be an effective technique to bolster moral obligation, which in turn enhances the intention to socially isolate. The paper by Koniak and Cwalina (2020, this issue) reports that employing an 'allow' (vs. 'forbid') frame results in higher acceptance of COVID-19 related restrictions. Additionally, in cross-cultural research, Wismans et al. (2020, this issue) found that social distancing and hygiene behaviors differ in how they are perceived, which should be taken into consideration when generating valid public health recommendations. The articles by Lamarche (2020, this issue) and Harth and Mitte (2020, this issue) focused on people's functioning during the pandemic. Lamarche (2020, this issue) showed the importance of sociorelational safety for the perception of COVID-19 precautions and trust in government responses. Finally, Harth and Mitte (2020, this issue) examined the negative effects that the pandemic has on parents (vs. non-caregivers) and the extent to which they experience role conflict and exhaustion.

We think that the results of the works gathered in this Special Topic are not only important and timely for researchers in social sciences, but also potentially meaningful and useful for practitioners outside academia. Furthermore, they underscore the critical role that social psychologists can play in helping humanity overcome the psychological challenges the pandemic caused.

Funding: The authors have no funding to report.

Competing Interests: The authors have declared that no competing interests exist.

Acknowledgments: The authors have no support to report.

References

Bavel, J. J. V., Baicker, K., Boggio, P. S., Capraro, V., Cichocka, A., Cikara, M., . . . Willer, R. (2020). Using social and behavioural science to support COVID-19 pandemic response. *Nature Human Behaviour*, 4(5), 460-471. https://doi.org/10.1038/s41562-020-0884-z

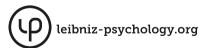


- Brooks, S. K., Webster, R. K., Smith, L. E., Woodland, L., Wessely, S., Greenburg, N., & Rubin, G. J. (2020). The psychological impact of quarantine and how to reduce it: Rapid review of the evidence. *Lancet*, 395(10227), 912-920. https://doi.org/10.1016/S0140-6736(20)30460-8
- Cantarero, K., Van Tilburg, W. A. P., & Smoktunowicz, E. (2020). Affirming basic psychological needs promotes mental well-being during the COVID-19 outbreak. *Social Psychological & Personality Science*. Advance online publication. https://doi.org/10.1177/1948550620942708
- Dohle, S., Wingen, T., & Schreiber, M. (2020). Acceptance and adoption of protective measures during the COVID-19 pandemic: The role of trust in politics and trust in science. *Social Psychological Bulletin*, *15*(4), Article e4315. https://doi.org/10.32872/spb.4315
- Dolinski, D., Dolinska, B., Zmaczynska-Witek, B., Banach, M., & Kulesza, W. (2020). Unrealistic optimism in the time of Coronavirus pandemic: May it help to kill, if so—whom: Disease or the person? *Journal of Clinical Medicine*, 9(5), Article 1464. https://doi.org/10.3390/jcm9051464
- Drążkowski, D., Trepanowski, R., Chwiłkowska, P., & Majewska, M. (2020). Self-persuasion increases motivation for social isolation during the COVID-19 pandemic through moral obligation. *Social Psychological Bulletin*, *15*(4), Article e4415. https://doi.org/10.32872/spb.4415
- Harth, N., & Mitte, K. (2020). Managing multiple roles during the COVID-19 lockdown: Not men or women, but parents as the emotional "loser in the crisis". *Social Psychological Bulletin*, *15*(4), Article 4347. https://doi.org/10.32872/spb.4347
- Koniak, P., & Cwalina, W. (2020). Fear of coronavirus and forbid/allow asymmetry as determinants of acceptance of COVID-19 pandemic related restrictions and persistence of attitudes towards these regulations. Social Psychological Bulletin, 15(4), Article e4421. https://doi.org/10.32872/spb.4421
- Lamarche, V. M. (2020). Socially connected and COVID-19 prepared: The influence of sociorelational safety on perceived importance of COVID-19 precautions and trust in government responses. *Social Psychological Bulletin*, 15(4), Article 4409. https://doi.org/10.32872/spb.4409
- Torales, J., O'Higgins, M., Castaldelli-Maia, J. M., & Ventriglio, A. (2020). The outbreak of COVID-19 coronavirus and its impact on global mental health. *The International Journal of Social Psychiatry*, 66(4), 317-320. https://doi.org/10.1177/0020764020915212
- Wismans, A., Letina, S., Thurik, R., Wennberg, K., Franken, I., Baptista, R., . . . Torrès, O. (2020). Hygiene and social distancing as distinct public health related behaviours among university students during the COVID-19 Pandemic. *Social Psychological Bulletin*, 15(4), Article 4383. https://doi.org/10.32872/spb.4383





Social Psychological Bulletin is an official journal of the Polish Social Psychological Society (PSPS).



PsychOpen GOLD is a publishing service by Leibniz Institute for Psychology (ZPID), Germany.

