Appendix 1: Online Survey Questions

Operational firefighter tasks for a return to work post injury assessment

**Research Project Survey - The use of a physical return to work assessment to reduce re-injury risk in firefighters**   
    
The following questions require you to rate the importance of operational firefighter tasks to be included in a return to work post injury assessment.

Q1 How important is it that a firefighter can lift a ladder? (Of any size)

* Important
* Not important
* Unsure

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Q1A How many times should the ladder be lifted during an assessment?

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Q2 How important is it that a firefighter can carry a ladder? (Of any size)

* Important
* Not important
* Unsure

Q2A What distance should a firefighter carry the ladder? (In metres)

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Q3 How important is it that a firefighter can climb a ladder and perform a leg lock?

* Important
* Not important
* Unsure

Q3A How many times should a firefighter climb the ladder and perform a leg lock?

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Q4 How important is it that a firefighter can lift and carry a light portable pump?

* Important
* Not important
* Unsure

Q4A How many repetitions should the light portable pump be lifted?

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Q4B What distance should the light portable pump be carried? (In metres)

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Q5 How important is it that a firefighter can carry a hose?

* Important
* Not important
* Unsure

Q5A What distance should the hose be carried? (In metres)

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Q6 How important is it that a firefighter can hose run?

* Important
* Not important
* Unsure

Q6A How many hose runs should be completed?

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Q7 How important is it that a firefighter can evacuate a casualty?

* Important
* Not important
* Unsure

Q7A How much should the casualty dummy weigh? (In KG)

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Q7B What distance should the dummy be carried over? (In meters)

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Q8 How important is it that a firefighter can put on / remove a breathing apparatus set?

* Important
* Not important
* Unsure

Q8A How many times should a firefighter put on and remove a breathing apparatus set?

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Q9 How important is it that a firefighter can crawl through enclosed areas?

* Important
* Not important
* Unsure

Q9A What distance should the firefighter crawl? (In metres)

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Q10 How important is it that a firefighter undertakes an aerobic test?

* Important
* Not Important
* Unsure

Q10 Should a firefighter meet the minimum aerobic fitness level (42.3 ml/kg/min) before returning to operational duties?

* Yes
* No

Q10B Please explain why not?

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Q11 With reference to a return to work assessment following an injury, can you please rank the following operational tasks in their order of importance to be tested? (1-11)  (1 being most important and 11 being least important).

\_\_\_\_\_\_ Lifting a ladder

\_\_\_\_\_\_ Carrying a ladder

\_\_\_\_\_\_ Climbing a ladder

\_\_\_\_\_\_ Carrying a light portable pump

\_\_\_\_\_\_ Carrying a Hose

\_\_\_\_\_\_ Hose Running

\_\_\_\_\_\_ Casualty Evacuation

\_\_\_\_\_\_ Putting on/ Taking off a breathing apparatus set

\_\_\_\_\_\_ Climbing into a fire appliance

\_\_\_\_\_\_ Crawling through enclosed spaces

\_\_\_\_\_\_ Aerobic Fitness Test