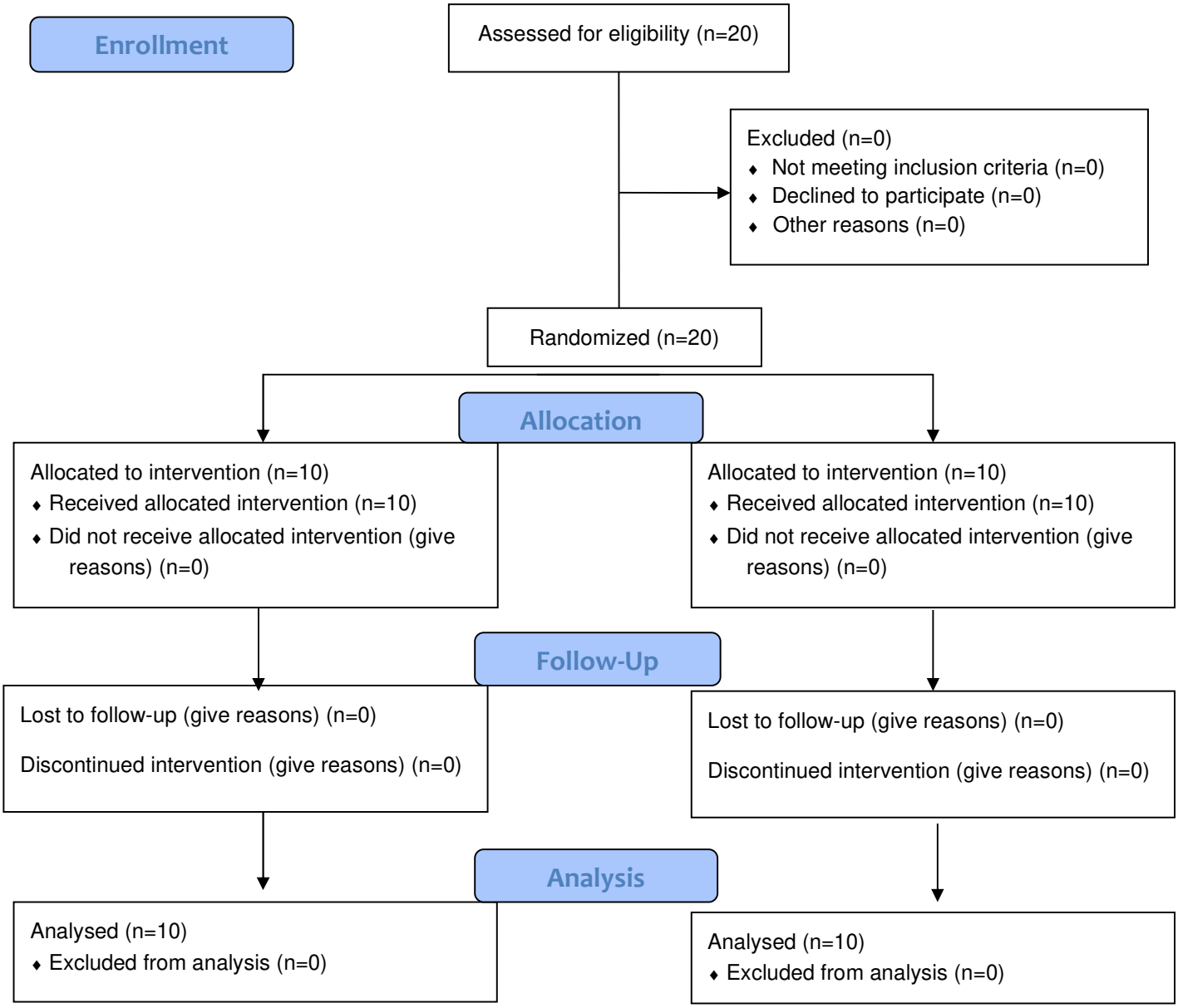

Figure1. The diagram (The CONSORT: Consolidated Standards of Reporting Trials) includes detailed information on the interventions received.